

SUSUNAN ACARA HARIAN

ACARA: 101 LOMPAT TINGGI(L2)

REKOD MSSPP: 1.80m TARIKH: 12/04/11
 REKOD MSSM : 1.95m WAKTU : 0745
 AKHIR

| BIL NO. | NAMA PESERTA | ZON |
|---------|--------------------------------|-----|
| 1 J146 | CHANG WOOL KAI | JT |
| 2 A017 | WEE CHEE XUAN | AI |
| 3 U360 | MOHD NASHRUL IYLMY BIN MD NOOR | BW |
| 4 S585 | MUHAMMAD AZRI B SAIDIN | MI |
| 5 B079 | LIM CHENG LIAN | BP |
| 6 P647 | MEGAT ABD RAHMAN | PP |
| 7 N517 | ANG CHUN CHAI | NT |
| 8 B077 | M RASYDAN B ABDUL RAIF | BP |
| 9 M290 | ANG CHIN MENG | BM |
| 10 M292 | TAN XING HONG | BM |
| 11 U362 | MOHD AZRY IZZUDDIN ABU BAKAR | BW |
| 12 E427 | MOHD SHARIL BIN MOHD | KB |
| 13 K231 | REID ELIJAH WESTWOOD | KW |
| 14 K217 | MOHD AMIRUL ASYRAF B ABDUL RAH | KW |
| 15 E421 | MUHAMMAD SYAFIQ B. MOHD FAUZI | KB |
| 16 J162 | TAN YUNG HAU | JT |
| 17 A022 | LIM JUN HUI | AI |
| 18 P632 | MUHD RIDZUAN B HURUN | PP |
| 19 N493 | TAN LUNE SHENG | NT |

ACARA: 102 LOMPAT JAUH(P3)

REKOD MSSPP: 4.69m TARIKH: 12/04/11
 REKOD MSSM : 4.91m WAKTU : 0745
 AKHIR

| BIL NO. | NAMA PESERTA | ZON |
|---------|--------------------------------|-----|
| 1 K164 | ERYN TAN ZHI YING | KW |
| 2 A029 | CHUAH XIN MAN | AI |
| 3 B062 | KU ADILAH BT KU FAUZI | BP |
| 4 E321 | SITI NURFARISYA BT MOHD JAMIL | KB |
| 5 J128 | LEW YONG EN | JT |
| 6 J123 | CARMELIA YEW HONG JIA | JT |
| 7 U243 | ONG YU FEI | BW |
| 8 U256 | NUR FATEHAH BT. IZHAM | BW |
| 9 E336 | NURUL ASMERA BT CHE OMAR | KB |
| 10 A023 | OOI KE YI | AI |
| 11 N373 | TAN ZI XUAN | NT |
| 12 P415 | NURZAINAB BT HABIB MOHD | PP |
| 13 P414 | NURUL ZAHRATUL HUSNA BT SHAARI | PP |
| 14 N372 | FANG ZI SHAN | NT |
| 15 K165 | MAK CHAN YUN | KW |
| 16 B065 | NUR DALILA DAYANA | BP |
| 17 M203 | LIM ZIN ZIN | BM |
| 18 M214 | TUTI MASRABIYANTI | BM |

ACARA: 103 MELONTAR PELURU (5.45kg)(L1)

REKOD MSSPP: 13.43m TARIKH: 12/04/11
 REKOD MSSM : 17.39m WAKTU : 0745
 AKHIR

| BIL NO. | NAMA PESERTA | ZON |
|---------|------------------------------|-----|
| 1 U436 | NUR ARIF B ROSDI | BW |
| 2 J181 | TAN JINQ YOONG | JT |
| 3 B092 | HO CHUN KIT | BP |
| 4 K241 | TAN KEE GIAP | KW |
| 5 P723 | AMIR DYNIE B ZUBIR | PP |
| 6 A013 | IVAN LOH | AI |
| 7 N592 | MUHD AMIRUL AKMAR BIN HANAFI | AI |
| 8 B106 | IKRAM BIN ZAABA | BP |
| 9 N591 | SATHIVEL A/L SUBRAMANIAM | NT |
| 10 S675 | BEH HUAT HUANG | MI |
| 11 U408 | CHUA WEN ZHANG | BW |
| 12 M327 | LOH ZHEN CHONG | BM |
| 13 S678 | OOI AIK WEI | MI |
| 14 M349 | TEH HAN LUN | BM |
| 15 P741 | MUHD FAUZAN B. MASRI | PP |
| 16 J169 | WONG HAW JIET | JT |
| 17 K263 | DICK OOI WEN DI | KW |
| 18 E498 | MOHAMAD IZHAR B. IBRAHIM | KB |
| 19 E505 | MUHAMMAD AZIM B ISHAK | KB |
| 20 A022 | TEH YEE YANG | AI |

ACARA: 104/307 110m LARI BERPAGAR(L1)

REKOD MSSPP: 14.7s TARIKH: 12/04/11
 REKOD MSSM : 14.13s WAKTU : 0745
 SEPARUH AKHIR : 1

| LRG NO. | NAMA PESERTA | ZON |
|---------|------------------------|-----|
| 2 N587 | TAN HUA SIANG | NT |
| 3 M348 | HEAH CAI SHENG | BM |
| 4 U425 | LIM TAO SHENG | BW |
| 5 K249 | LINGESH A/L KALITHEVAN | KW |
| 6 A001 | HASBULLAH B MOHD NAJIB | AI |
| 7 J178 | PEH YEAP KAI | JT |

SEPARUH AKHIR : 2

| LRG NO. | NAMA PESERTA | ZON |
|---------|----------------------|-----|
| 2 B094 | MUHD ARIF BIN MANSOR | BP |

| | | |
|--------|-------------------------|----|
| 3 U431 | KHOR JOO PEI | BW |
| 4 E494 | MOHAMAD SYAHIR B. ISHAK | KB |
| 5 S671 | MUHD.RADZI B ABD.RASHID | MI |
| 6 A008 | PUAH FEI | AI |
| 7 P726 | MUHD HAZIQ B YUSOFF | PP |

SEPARUH AKHIR : 3

| LRG NO. | NAMA PESERTA | ZON |
|---------|-------------------------------|-----|
| 2 M338 | CHUA SONG REN | BM |
| 3 K245 | MUHAMMAD ISMAIL B HASHIM | KW |
| 4 P729 | MOHAMAD SHAYUTI B. HASANUDIN | PP |
| 5 J165 | MOOI KAH DONG | JT |
| 6 N578 | MOHD SHAHADAN BIN MOHD AZHARI | NT |
| 7 B101 | MUHAMMAD ZUL HELMI B PAUZI | BP |

ACARA: 105/308 110m LARI BERPAGAR(L2)

REKOD MSSPP: 15.3s TARIKH: 12/04/11
 REKOD MSSM : 14.27s WAKTU : 0805
 SEPARUH AKHIR : 1

| LRG NO. | NAMA PESERTA | ZON |
|---------|--------------------------------|-----|
| 1 M293 | TAN CHEE HENG | BM |
| 2 J161 | DENZEL LIM JING KHAI | JT |
| 3 K216 | MUHAMMAD NAZRI B MUHAMMAD RAFI | KW |
| 4 U353 | MUHAMMAD NUR IRFAN B SHAHIDAN | BW |
| 5 P637 | RAMANAN A/L SHUNMUGAM | PP |
| 6 S587 | M.AMIRUL FARIS HAQZIM B MAZLAN | MI |
| 7 A006 | SOMESWARAN A/L RAVICHANDRAN | AI |

SEPARUH AKHIR : 2

| LRG NO. | NAMA PESERTA | ZON |
|---------|-------------------------------|-----|
| 1 K228 | AIMAN HAKIM BIN MUHD ARIFF | KW |
| 2 P653 | MUHAMMAD FAUZAN BIN AHMAD | PP |
| 3 A007 | GHOKULAN A/L SELVADURAI | AI |
| 4 E428 | MUHD.SAIFUL FAIZ B MOHD ZUKI | KB |
| 5 B073 | MOHD FAIZZ B. ISHAK | BP |
| 6 U369 | KOK CHUAN A/L AIWAN | BW |
| 7 N496 | MUHAMAD HARITH ADLI B ZAIPERI | NT |

SEPARUH AKHIR : 3

| LRG NO. | NAMA PESERTA | ZON |
|---------|-------------------------------|-----|
| 2 N503 | MUHD SYAHMIE BIN AMALI | NT |
| 3 B092 | MUHD AFIQ ISKANDAR B ZULKEFLI | BP |
| 4 J160 | CHAN RUEN TERNG | JT |
| 5 S590 | MOHD. SHAHMIE BIN ROSDHI | MI |
| 6 M284 | WAN MUHAMMAD AFFIFUDDIN B WAN | BM |
| 7 E443 | MOHAMAD SYAHID B ABU BAKAR | KB |

ACARA: 106/113 100m LARI BERPAGAR (Pen. 1)

REKOD MSSPP: 2671mata TARIKH: 12/04/11
 REKOD MSSM : 3022mata WAKTU : 0820

| BIL NO. | NAMA PESERTA | ZON |
|---------|--------------------------------|-----|
| 1 M372 | FELICIA GUI XIN WHUI | BM |
| 2 S625 | NORFATIN ZIEHAN BTE MOHD FAUZI | MI |
| 3 U458 | LIM XIN YI | BW |
| 4 S623 | NUR ZAFIRAH BTE ZULKIFLI | MI |
| 5 K299 | +FRANCES WONG | KW |
| 6 J197 | GRACE TEH | JT |
| 7 K300 | ASHTYN MCKENZIE | KW |
| 8 B141 | ILI FATIMAH BT ROSLIM | BP |
| 9 U445 | SYAZWANI MOHD FOAD | BW |
| 10 B143 | NUR AFINNI BT MOHAMED | BP |
| 11 B116 | NURUL RABIA' AQEFAH BT HUSIN | BP |
| 12 B114 | NUR FARAH BT HASNA | BP |
| 13 J201 | SALLY CHEN | JT |
| 14 U460 | TAN SHIN ER | BW |

ACARA: 107/309 100m LARI BERPAGAR(P1)

REKOD MSSPP: 16.9s TARIKH: 12/04/11
 REKOD MSSM : 14.72s WAKTU : 0840
 SEPARUH AKHIR : 1

| LRG NO. | NAMA PESERTA | ZON |
|---------|------------------------------|-----|
| 1 P783 | NUR RIFAH AQILAH BT ROSIDI | PP |
| 2 U449 | PUTERI SYAMIRAH BT AZMI | BW |
| 3 J210 | NISYA NABILAH BT ABDUL KADIR | JT |
| 4 K296 | ANNUR ASSAJADAH BT KHURI | KW |
| 5 N611 | MASTURA BT. AHAMED SOFFIAN | NT |
| 6 M372 | FELICIA GUI XIN WHUI | BM |
| 7 A057 | MICHELLE LOH | AI |

SEPARUH AKHIR : 2

| LRG NO. | NAMA PESERTA | ZON |
|---------|-------------------------|-----|
| 2 A059 | NORLINA BT AHMAD ZAINAL | AI |
| 3 E530 | FAZLIN BT AHMAD | KB |
| 4 N619 | THINESWARY A/P MUNIANDY | NT |
| 5 U456 | BEH SOO PEI | BW |
| 6 K297 | SITI NORSYARAH BT JAMIL | KW |
| 7 B137 | NURSAHEDAYU BT ZUBAIRI | BP |

SEPARUH AKHIR : 3

| LRG NO. | NAMA PESERTA | ZON |
|---------|----------------------|-----|
| 2 B094 | MUHD ARIF BIN MANSOR | BP |

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2 J209 SITI NAWAL SHAKIRRA BT ASRAFKH JT
 3 M369 NUR AMIRA BT MOHD FADZIL BM
 4 B143 NUR AFINNI BT MOHAMED BP
 5 S700 NAQIBAH BT DARUS MI
 6 P773 NUR HANIS BT MUHD DAUD PP
 7 E534 NOOR HIDAYAH BT AZIZAN KB

SEPARUH AKHIR : 3
 LRG NO. NAMA PESERTA ZON
 2 J107 MOHD ZUHAIR AHMAD ZAHID JT
 3 B058 MUHAMMAD HAZIM B AHMAD ZAHER BP
 4 P393 MUHAMMAD NUR AIMAN MOHD NIZAL PP
 5 E297 MUHAMMAD AMMAR B AMRI KB
 6 N349 MUHAMMAD HAMIDUDDIN B AMRAN NT
 7 M182 GOOI JUN HONG BM

ACARA: 108/310 100m LARI BERPAGAR(P2)

REKOD MSSPP: 16.8s TARIKH: 12/04/11
 REKOD MSSM : 14.75s WAKTU : 0900

SEPARUH AKHIR : 1
 LRG NO. NAMA PESERTA ZON
 1 P681 NOOR FARAH FARLIANA BT M SUID PP
 2 A053 JAYLEEN KHOR TZE YINN AI
 3 J193 YEAP SHI TIEH JT
 4 S620 NUR HAWA BTE MOKHTAR MI
 5 U397 ENG KAI NGOR BW
 6 K252 TEOH JIA NING KW
 7 M332 TAN YIN YING BM

ACARA: 111/339 400 METER(P2)

REKOD MSSPP: 61.8s TARIKH: 12/04/11
 REKOD MSSM : 56.66s WAKTU : 0940

SEPARUH AKHIR : 1
 LRG NO. NAMA PESERTA ZON
 1 M330 TAN HARN CHIAT BM
 2 J194 GABRIELA NAH JUAN HUAN JT
 3 K250 ANG ZHI XUAN KW
 4 U399 ANG YI FANG BW
 5 P666 THANUSHA A/P SANKAR PP
 6 S624 LEE JEN YEN MI
 7 A039 CH'NG RU SHAN AI

SEPARUH AKHIR : 2

LRG NO. NAMA PESERTA ZON
 1 U407 LEE JIA XI BW
 2 K261 LUCIA COMBRINK KW
 3 N531 DEANNA IZZATY BT AHMAD SHOUFIK NT
 4 A054 NATALIE LOKE LIN XIANG AI
 5 E466 SITI NOR AISHAH BINTI AZMAN KB
 6 P692 NUR IMTIESAL BT NORAZI PP
 7 B124 FAZREEN BT MOHD YUSOFF BP

SEPARUH AKHIR : 2

LRG NO. NAMA PESERTA ZON
 1 K252 TEOH JIA NING KW
 2 P688 SITI AISHAH NORAZLI PP
 3 A042 DARWINI A/P SEVABALAN AI
 4 E458 AIDA NABILA KB
 5 B114 NUR FARAH BT HASNA BP
 6 U409 CHEW YAN JOU BW
 7 N534 KOKILEVENI GUNASEGARAN NT

SEPARUH AKHIR : 3

LRG NO. NAMA PESERTA ZON
 2 E474 SITI NABILAH BT ELYAS KB
 3 B128 NUR ARISSA BTE ZULKIFIEE BP
 4 S619 HAZWANI BTE SHUKUR MI
 5 J192 SALINASAZREEN BT SUHAMI JT
 6 M323 NUR ADILLA BT ANUAR BM
 7 N550 NUR SAFIQAH BT KHALID NT

SEPARUH AKHIR : 3

LRG NO. NAMA PESERTA ZON
 2 N547 THANALETCHUMY A/P VIKNESWARAN NT
 3 B115 SITI ZULAIKHA BT ZULKIFLI BP
 4 J190 NURUL NOR SHAFIQAH BT MD SHAH JT
 5 S622 AIMI NABIHAH BINTI ZAINUDIN MI
 6 M322 GOWRESHANKERE D/O CHANDRASAGAR BM
 7 E459 NAZIHA KB

ACARA: 109/311 80m LARI BERPAGAR (P3)

REKOD MSSPP: 14.7s TARIKH: 12/04/11
 REKOD MSSM : 13.06s WAKTU : 0915

SEPARUH AKHIR : 1
 LRG NO. NAMA PESERTA ZON
 2 M210 AIDA RAHILA BT RAHIM BM
 3 A027 AILEEN TEH YING YING AI
 4 J125 NOR NADIA BT NOORDIN JT
 5 P416 TAN YII MEAN PP
 6 U241 NOOR SHAHIRAH MAT ROZI BW
 7 K173 DANIELLE COMBRINK KW

ACARA: 112/340 400 METER(L2)

REKOD MSSPP: 52.6s TARIKH: 12/04/11
 REKOD MSSM : 50.73s WAKTU : 0950

SEPARUH AKHIR : 1
 LRG NO. NAMA PESERTA ZON
 1 J152 HEMABHUSHAN A/L MADHU JT
 2 P636 UGEESH A/L SHARAVANAN PP
 3 M300 TEH KWANG WEI BM
 4 U370 QUAH CHEUN WEI BW
 5 A001 MUHAMAD HAZIM BIN FERAZ AI
 6 S568 KHAIRUL ATTIRAFIDI B KAMRUDDIN MI
 7 K211 MUHAMMAD SYAHMI B SOFIAN KW

SEPARUH AKHIR : 2

LRG NO. NAMA PESERTA ZON
 2 U242 TAN RU YUN BW
 3 E323 NURUL FAHQIHAH NAJIHA BT AZHAR KB
 4 N363 GOOI CHI KUAN NT
 5 P417 TANG JU XUAN PP
 6 B063 NUR ATRIESYA BT SABRI BP
 7 A031 CHEAH PEI XIN AI

SEPARUH AKHIR : 2

LRG NO. NAMA PESERTA ZON
 1 U374 WONG KAI WEN BW
 2 A003 MAHEN NAIDU AI
 3 E430 MOHAMAD ARIF B. MOHAMAD KB
 4 B081 KIRAN A/L RAGUVEER BP
 5 N507 MUHD LUQMAN AFANDI B. HASHIM NT
 6 P648 MUHD SOLIHIN B YUSUF PP
 7 K212 DANISH B ABDUL RAHIM KW

SEPARUH AKHIR : 3

LRG NO. NAMA PESERTA ZON
 2 M207 TAN YAN MEI BM
 3 B064 CHEAH CHAI WEN BP
 4 E324 XUE YING KB
 5 N376 SIVAMALAR A/P ANBALAGAN NT
 6 J124 SITI NURSHAZLIN BT MOHD YUNUS JT

SEPARUH AKHIR : 3

LRG NO. NAMA PESERTA ZON
 2 N515 TAN CHUN HOW NT
 3 M283 KHOR SI BAO BM
 4 B092 MUHD AFIQ ISKANDAR B ZULKEFLI BP
 5 J144 MUHD JAJES AZMIN B. JASMIN JT
 6 S574 MUHD SHUKRI B ADNAN MI
 7 E442 AMIR SHAFIQ AHMAD GHAZALI KB

ACARA: 110/312 80m LARI BERPAGAR (L3)

REKOD MSSPP: 12.5s TARIKH: 12/04/11
 REKOD MSSM : 11.36s WAKTU : 0930

SEPARUH AKHIR : 1
 LRG NO. NAMA PESERTA ZON
 2 A005 MOHD. AZZIZUL ALIFF B ZULKIFLEE AI
 3 U221 MUHMAD FARIS AZRI SUHAIMI BW
 4 N352 MUHAMMAD ZARIF B RAHMAN NT
 5 J113 MUHD AZIM FIKRI B FADZIL JT
 6 M197 MUHAMMAD AIDIL BIN AZMAN BM
 7 K145 CHUAH BOON YUAN KW

ACARA: 113/129 LOMPAT TINGGI (Pen. 2)

REKOD MSSPP: 2671mata TARIKH: 12/04/11
 REKOD MSSM : 3022mata WAKTU : 1000

BIL NO. NAMA PESERTA ZON
 1 M372 FELICIA GUI XIN WHUI BM
 2 S625 NORFATIN ZIEHAN BTE MOHD FAUZI MI
 3 U458 LIM XIN YI BW
 4 S623 NUR ZAFIRAH BTE ZULKIFLI MI
 5 K299 +FRANCES WONG KW
 6 J197 GRACE TEH JT
 7 K300 ASHTYN MCKENZIE KW
 8 B141 ILI FATIMAH BT ROSLIM BP
 9 U445 SYAZWANI MOHD FOAD BW
 10 B143 NUR AFTINNI BT MOHAMED BP
 11 B116 NURUL RABIA' AQEFAH BT HUSIN BP
 12 B114 NUR FARAH BT HASNA BP
 13 J201 SALLY CHEN JT

SEPARUH AKHIR : 2

LRG NO. NAMA PESERTA ZON
 2 B042 MUHAMMAD AMINUDDIN B AZMIN BP
 3 K147 KOK JING MING KW
 4 P384 MUHAMMAD SHAHRUL HAZIQ B. SHAH PP
 5 U232 MOHAMAD ARIFF B. AZNAN BW
 6 E292 MOHAMAD AZMIL B MD SAED KB
 7 A017 MUHAMMAD IKMAL B MOHD ISA AI

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14 U460 TAN SHIN ER BW

ACARA: 114 LOMPAT KIJANG(L1)

REKOD MSSPP: 14.26m TARIKH: 12/04/11
REKOD MSSM : 15.16m WAKTU : 1000

| BIL NO. | NAMA PESERTA | ZON |
|---------|--------------------------------|-----|
| 1 M351 | LEE MENG LING | BM |
| 2 P728 | MOHD SYAZA NAIM BIN M KHAIRUDI | PP |
| 3 A025 | WONG YAN KIT | AI |
| 4 J179 | TEH JIA YIT | JT |
| 5 P724 | MOHD ADIB HAFIZUDDIN B NASSER | PP |
| 6 A024 | YONG YIK SHEN | AI |
| 7 N562 | LOW KWANG CHING | NT |
| 8 K261 | DANIAL BIN MUSTAFAH KHAMAL | KW |
| 9 N590 | TAN CHEE KHEONG | NT |
| 10 M342 | MUHAMMAD IZZAT AMIR KHAIRUDDIN | BM |
| 11 U422 | LIM WOUI CHEW | BW |
| 12 J166 | ONG CHUN KEONG | JT |
| 13 U426 | TAN CHUN YUNG | BW |
| 14 B088 | TAN KEAN AIK | BP |
| 15 B087 | KHOR PENG YI | BP |
| 16 K262 | CHEW KWOK WENG | KW |
| 17 E486 | CHIN KANG SENG | KB |

ACARA: 115 MELONTAR PELURU (2.72kg)(P4)

REKOD MSSPP: 7.11m TARIKH: 12/04/11
REKOD MSSM : WAKTU : 1000

| BIL NO. | NAMA PESERTA | ZON |
|---------|------------------------------|-----|
| 1 J126 | LILY MAISARAH BT NOOR AZAHAM | JT |
| 2 A032 | AMANDA WONG KUOK SIEW | AI |
| 3 U249 | CHIN WEI LENG | BW |
| 4 N362 | NURUL HUSNA BT. MOHD YUSOF | NT |
| 5 B066 | EZZERDEL LAINIS THAE | BP |
| 6 P403 | YEE YAN JIN | PP |
| 7 B062 | QISTINA BT FAJRI | BP |
| 8 M202 | CHANTELLE LOH YI MEI | BM |
| 9 M211 | KHAW CHIEN MAN | BM |
| 10 U250 | PHEE QIAN SHAN | BW |
| 11 E326 | SITI NUR AISHAH BT IDRIS | KB |
| 12 K163 | ALIAH HANISAH BT ABDUL HALIM | KW |
| 13 K161 | CHONG WAN QI | KW |
| 14 E321 | SITI SARAH BT AZHAR | KB |
| 15 J131 | ONG JIA WEN | JT |
| 16 A035 | NURATIKAH IZZATI BT ABDULLAH | AI |
| 17 P404 | LEE MENG CHIN | PP |
| 18 N373 | SITI ZULAIKHA BT OTHMAN | NT |

ACARA: 116/341 400 METER(P1)

REKOD MSSPP: 60.9s TARIKH: 12/04/11
REKOD MSSM : 57.18s WAKTU : 1000

| LRG NO. | NAMA PESERTA | ZON |
|---------|--------------------------------|-----|
| 1 S688 | NORHIDAYAH BT SHAHBUDIN | MI |
| 2 U442 | ANG CHOON TENG | BW |
| 3 P767 | NURUL SHAMIMI BT SHAMUDDIN | PP |
| 4 M368 | RASHINIE A/P SASIGARAN | BM |
| 5 J212 | LIM YEN | JT |
| 6 A054 | SHANTHINI DEVI A/P RAVICHANDRA | AI |
| 7 K283 | LIEW XIN YOONG | KW |

SEPARUH AKHIR : 2

| LRG NO. | NAMA PESERTA | ZON |
|---------|----------------------------|-----|
| 1 A058 | YASMIN HANANI BT ROZLEY | AI |
| 2 U448 | NUR ATIRA BT AKHIR | BW |
| 3 E523 | KAVITHA RETTY A/P MUNEY | KB |
| 4 N601 | KARTHIGA A/P SHANMUGAM | NT |
| 5 K295 | TAN XIN YI | KW |
| 6 B123 | CHONG SIAU FONG | BP |
| 7 P774 | MUDRIKAH 'IZZATI BT FADZIL | PP |

SEPARUH AKHIR : 3

| LRG NO. | NAMA PESERTA | ZON |
|---------|--------------------------------|-----|
| 2 J208 | TANALAKSIUMY A/P MAHENTHIRAN R | JT |
| 3 N625 | NADIA BT RAMLI | NT |
| 4 M366 | SHARMILA A/P SADAIYANDY@GOPAL | BM |
| 5 E542 | NUR ANIS FAZIRA BT ROZI | KB |
| 6 S697 | NURHAYATI BT MUHAMMAD NIZAM | MI |
| 7 B139 | NUR AISHAH BT HJ ZAINAL ABIDIN | BP |

ACARA: 117/342 400 METER(L1)

REKOD MSSPP: 50.4s TARIKH: 12/04/11
REKOD MSSM : 47.50s WAKTU : 1010

| LRG NO. | NAMA PESERTA | ZON |
|---------|--------------------------------|-----|
| 1 J188 | MOHD IRFAN SEENI B ABU THAHIR | JT |
| 2 K242 | LIM CHEE CHONG | KW |
| 3 U418 | APANDI AMIN B. MOHD ROSLI | BW |
| 4 P725 | VAALMIKI A/L RAJENDRA P[RASATH | PP |

5 M337 SIMON PETER CORNELIUS BM
6 A012 WAN ZHI XUAN AI
7 S673 MOHD.NUR ASRAF BIN AZMAN MI

SEPARUH AKHIR : 2

| LRG NO. | NAMA PESERTA | ZON |
|---------|-------------------------------|-----|
| 1 P734 | NAGARAJAN A/P RAMALINGAN | PP |
| 2 E491 | MUHAMAD AIMAN B. ABDUL LATIF | KB |
| 3 A019 | MUHAMMAD HARIS BIN ABDUL RANI | AI |
| 4 U421 | OVIYENESH A/L SHITHASIVAM | BW |
| 5 K258 | SYAMALAN A/L BALASUBRAMANIAM | KW |
| 6 B081 | NASRULLAH BIN MOHAMAD | BP |
| 7 N569 | SHARVIN A/L SUNDRAM | NT |

SEPARUH AKHIR : 3

| LRG NO. | NAMA PESERTA | ZON |
|---------|--------------------------------|-----|
| 2 E504 | MUHD HAZMAN YASIN B MOHD SAAD | KB |
| 3 S667 | MUHD.DANIAL AKMAL BIN SAMSURI | MI |
| 4 M332 | KIRENRAJ A/L DORAISELVAN | BM |
| 5 N573 | HEMARRUBEN A/L TAKCHINAMOORTHY | NT |
| 6 J174 | SHAHRUL RIZUAN BIN AZMAN SHAH | JT |
| 7 B095 | FAZUAN BIN PAZIL | BP |

ACARA: 118/134 4 X 100 METER(P4)

REKOD MSSPP: 59.5s TARIKH: 12/04/11
REKOD MSSM : WAKTU : 1025

| LRG NO. | NAMA PESERTA | ZON |
|---------|--------------------|-----|
| 2 BBBB | ZON BALIK PULAU | BP |
| 3 JJJJ | ZON JELUTONG | JT |
| 4 KKKK | ZON KELAWAI | KW |
| 5 PPPP | ZON PERMATANG PAUH | PP |
| 6 AAAA | ZON AIR ITAM | AI |

SEPARUH AKHIR : 2

| LRG NO. | NAMA PESERTA | ZON |
|---------|--------------------|-----|
| 3 EEEE | ZON KEPALA BATAS | KB |
| 4 NNNN | ZON NIBONG TEBAL | NT |
| 5 UUUU | ZON BUTTERWORTH | BW |
| 6 MMMM | ZON BUKIT MERTAJAM | BM |

ACARA: 119/135 4 X 100 METER(L4)

REKOD MSSPP: 57.8s TARIKH: 12/04/11
REKOD MSSM : WAKTU : 1040

| LRG NO. | NAMA PESERTA | ZON |
|---------|--------------------|-----|
| 2 AAAA | ZON AIR ITAM | AI |
| 3 PPPP | ZON PERMATANG PAUH | PP |
| 4 KKKK | ZON KELAWAI | KW |
| 5 BBBB | ZON BALIK PULAU | BP |
| 6 JJJJ | ZON JELUTONG | JT |

SEPARUH AKHIR : 2

| LRG NO. | NAMA PESERTA | ZON |
|---------|--------------------|-----|
| 3 MMMM | ZON BUKIT MERTAJAM | BM |
| 4 UUUU | ZON BUTTERWORTH | BW |
| 5 EEEE | ZON KEPALA BATAS | KB |
| 6 NNNN | ZON NIBONG TEBAL | NT |

ACARA: 120/136 4 X 100 METER(P3)

REKOD MSSPP: 55.6s TARIKH: 12/04/11
REKOD MSSM : 52.26s WAKTU : 1050

| LRG NO. | NAMA PESERTA | ZON |
|---------|--------------------|-----|
| 2 JJJJ | ZON JELUTONG | JT |
| 3 AAAA | ZON AIR ITAM | AI |
| 4 BBBB | ZON BALIK PULAU | BP |
| 5 KKKK | ZON KELAWAI | KW |
| 6 PPPP | ZON PERMATANG PAUH | PP |

SEPARUH AKHIR : 2

| LRG NO. | NAMA PESERTA | ZON |
|---------|--------------------|-----|
| 3 MMMM | ZON BUKIT MERTAJAM | BM |
| 4 NNNN | ZON NIBONG TEBAL | NT |
| 5 EEEE | ZON KEPALA BATAS | KB |
| 6 UUUU | ZON BUTTERWORTH | BW |

ACARA: 121/137 4 X 100 METER(L3)

REKOD MSSPP: 52.1s TARIKH: 12/04/11
REKOD MSSM : 46.63s WAKTU : 1100

| LRG NO. | NAMA PESERTA | ZON |
|---------|--------------------|-----|
| 2 AAAA | ZON AIR ITAM | AI |
| 3 KKKK | ZON KELAWAI | KW |
| 4 JJJJ | ZON JELUTONG | JT |
| 5 PPPP | ZON PERMATANG PAUH | PP |
| 6 BBBB | ZON BALIK PULAU | BP |

SUSUNAN ACARA HARIAN

SEPARUH AKHIR : 2
 LRG NO. NAMA PESERTA ZON
 3 NNNN ZON NIBONG TEBAL NT
 4 MMMM ZON BUKIT MERTAJAM BM
 5 EEEE ZON KEPALA BATAS KB
 6 UUUU ZON BUTTERWORTH BW

ACARA: 122/138 4 X 100 METER(P2)
 REKOD MSSPP: 52.1s TARIKH: 12/04/11
 REKOD MSSM : 49.12s WAKTU : 1110

SEPARUH AKHIR : 1
 LRG NO. NAMA PESERTA ZON
 2 AAAA ZON AIR ITAM AI
 3 MMI SMK MUTIARA IMPIAN BM
 4 EEEE ZON KEPALA BATAS KB
 5 NNNN ZON NIBONG TEBAL NT
 6 UUUU ZON BUTTERWORTH BW

SEPARUH AKHIR : 2
 LRG NO. NAMA PESERTA ZON
 2 PPPP ZON PERMATANG PAUH PP
 3 MMMM ZON BUKIT MERTAJAM BM
 4 BBBB ZON BALIK PULAU BP
 5 KKKK ZON KELAWAI KW
 6 JJJJ ZON JELUTONG JT

ACARA: 123/139 4 X 100 METER(L2)
 REKOD MSSPP: 46.0s TARIKH: 12/04/11
 REKOD MSSM : 43.20s WAKTU : 1120

SEPARUH AKHIR : 1
 LRG NO. NAMA PESERTA ZON
 2 AAAA ZON AIR ITAM AI
 3 NNNN ZON NIBONG TEBAL NT
 4 EEEE ZON KEPALA BATAS KB
 5 MMI SMK MUTIARA IMPIAN BM
 6 UUUU ZON BUTTERWORTH BW

SEPARUH AKHIR : 2
 LRG NO. NAMA PESERTA ZON
 2 KKKK ZON KELAWAI KW
 3 MMMM ZON BUKIT MERTAJAM BM
 4 BBBB ZON BALIK PULAU BP
 5 JJJJ ZON JELUTONG JT
 6 PPPP ZON PERMATANG PAUH PP

ACARA: 124/140 4 X 100 METER(P1)
 REKOD MSSPP: 52.1s TARIKH: 12/04/11
 REKOD MSSM : 48.53s WAKTU : 1130

SEPARUH AKHIR : 1
 LRG NO. NAMA PESERTA ZON
 2 EEEE ZON KEPALA BATAS KB
 3 MMI SMK MUTIARA IMPIAN BM
 4 UUUU ZON BUTTERWORTH BW
 5 AAAA ZON AIR ITAM AI
 6 NNNN ZON NIBONG TEBAL NT

SEPARUH AKHIR : 2
 LRG NO. NAMA PESERTA ZON
 2 PPPP ZON PERMATANG PAUH PP
 3 JJJJ ZON JELUTONG JT
 4 KKKK ZON KELAWAI KW
 5 MMMM ZON BUKIT MERTAJAM BM
 6 BBBB ZON BALIK PULAU BP

ACARA: 125/141 4 X 100 METER(L1)
 REKOD MSSPP: 44.0s TARIKH: 12/04/11
 REKOD MSSM : 41.50s WAKTU : 1140

SEPARUH AKHIR : 1
 LRG NO. NAMA PESERTA ZON
 2 MMI SMK MUTIARA IMPIAN BM
 3 UUUU ZON BUTTERWORTH BW
 4 AAAA ZON AIR ITAM AI
 5 NNNN ZON NIBONG TEBAL NT
 6 EEEE ZON KEPALA BATAS KB

SEPARUH AKHIR : 2
 LRG NO. NAMA PESERTA ZON
 2 PPPP ZON PERMATANG PAUH PP
 3 BBBB ZON BALIK PULAU BP
 4 JJJJ ZON JELUTONG JT
 5 KKKK ZON KELAWAI KW
 6 MMMM ZON BUKIT MERTAJAM BM

ACARA: 126 LOMPAT TINGGI (0.90m)(P4)
 REKOD MSSPP: 1.23m TARIKH: 12/04/11
 REKOD MSSM : WAKTU : 1615

AKHIR
 BIL NO. NAMA PESERTA ZON
 1 E327 KHAUSHALYAH A/P POOBALAN KB
 2 M203 NUR FARAH IZZATI BT GHAFAR BM

3 J121 NIVASHINI PRIYA A/P THIAGARAJA JT
 4 P402 LIM JIA HUI PP
 5 U251 SITI ZULAIKHA BT MOHD AZHARI BW
 6 U247 OOI XIU JUAN BW
 7 B061 AISHAH BT ISMAIL BP
 8 B069 NUR FATIN AMIRA BT. SHUKRI BP
 9 J129 WONG YU QING JT
 10 K169 LEOW YAN LIN KW
 11 N365 NG QIAO XIN NT
 12 N363 NUR SYAZWANA BT. MOHD ZAKI NT
 13 K164 FATIN NURATIQA BT MOHD. BASRI KW
 14 E331 SITI NOR AZREEN BT MOHD NOR KB
 15 M212 NURUL HUDA BT MOHAMAD ZAKI BM
 16 P411 LEE WEM XI PP
 17 A029 TSANG PEI YI AI
 18 A031 SONG WAN YING AI

ACARA: 127 LOMPAT JAUH (3.50m)(L3)
 REKOD MSSPP: 5.26m TARIKH: 12/04/11
 REKOD MSSM : 6.36m WAKTU : 1615

AKHIR
 BIL NO. NAMA PESERTA ZON
 1 U222 MOHAMAD SHABIL NURHAKIM BW
 2 J102 KOAY GIM TATT JT
 3 M187 MUHAMMAD HABIBULLAH JOHARI BM
 4 E295 MUHD DANIAL B. ARIFIN KB
 5 P396 MUHAMMAD NUR FAHMI B. MOHD KHIR PP
 6 P381 MOHAMAD SHARIFUDDIN BIN SOPIAN PP
 7 B044 MUHAMAD ZIKRY ASWIRA B AZIAN BP
 8 N355 GUI WIN SON NT
 9 K152 MUHAMMAD HAFIZHUN NAIM B. ANUA KW
 10 B053 MOHD HAKIMIE BIN ADAMI BP
 11 A016 ABDUL HALIM B MAT YUSOF AI
 12 N344 TAN MING SHEN NT
 13 M184 WONG WEI KIONG BM
 14 U227 TANG WEI HAO BW
 15 K151 HOH KANG YI KW
 16 J116 LEE WEI GUANG JT
 17 E283 LI YONG SIANG KB
 18 A004 MUHD AZMI B ABDUL HALIM AI

ACARA: 128 MELEMPAR CAKERA (1.00kg)(P1)
 REKOD MSSPP: 28.94m TARIKH: 12/04/11
 REKOD MSSM : 38.75m WAKTU : 1615

AKHIR
 BIL NO. NAMA PESERTA ZON
 1 U447 AIN FARAHANI BT. AZMAN FAUZI BW
 2 B133 NUR NAJIBAH BT BARHANODIN BP
 3 K286 SITI RAHMAH BT AHMAD KW
 4 P778 NUR ALIA BT MD NOR PP
 5 M362 NADIA FARHANIS BT ZULKIFLI BM
 6 N626 NUR HANIIZYANI BT IDRIS NT
 7 S701 CHEW YU EN MI
 8 M361 NADIA FARHANA BT ZULKIFLI BM
 9 A049 CHRISTINE TING WEI CHIAN AI
 10 P775 N.FATIHAH SYAZREN BT M SATRIA PP
 11 A065 NUR JUWAIRIYAH BT SYED MUBARAK AI
 12 B135 NURERNANAFISYA BT ABD KARIM BP
 13 J217 LEE JO YI JT
 14 E539 NUR FATEN NABILA BT IDRUS KB
 15 E537 SITI NABILAH BT AHMAD SUBKEY KB
 16 J216 WAN POOI MUN JT
 17 U463 PUSPAVALLI A/P SINNASAMY BW
 18 N617 NORAZLINA BT. ROSLAN NT
 19 K290 LOH MAN SHANG KW

ACARA: 129/202 MELONTAR PELURU (Pen. 3)(P0)
 REKOD MSSPP: 2671mata TARIKH: 12/04/11
 REKOD MSSM : 3022mata WAKTU : 1615

BIL NO. NAMA PESERTA ZON
 1 M372 FELICIA GUI XIN WHUI BM
 2 S625 NORFATIN ZIEHAN BTE MOHD FAUZI MI
 3 U458 LIM XIN YI BW
 4 S623 NUR ZAFIRAH BTE ZULKIFLI MI
 5 K299 +FRANCES WONG KW
 6 J197 GRACE TEH JT
 7 K300 ASHTYN MCKENZIE KW
 8 B141 ILI FATIMAH BT ROSLIM BP
 9 U445 SYAZWANI MOHD FOAD BW
 10 B143 NUR AFNINI BT MOHAMED BP
 11 B116 NURUL RABIA' AQEFAH BT HUSIN BP
 12 B114 NUR FARAH BT HASNA BP
 13 J201 SALLY CHEN JT
 14 U460 TAN SHIN ER BW

SUSUNAN ACARA HARIAN

ACARA: 130 1500 METER(P2)

REKOD MSSPP: 5:19.5s TARIKH: 12/04/11
 REKOD MSSM : 4:56.16s WAKTU : 1615
 AKHIR

| BIL NO. | NAMA PESERTA | ZON |
|---------|-----------------------------------|-----|
| 1 | B111 TAN YING XIN | BP |
| 2 | N544 LOGES A/P VIKNESWARAN | NT |
| 3 | M321 MAH MENG YEE | BM |
| 4 | E472 ZALIKHA BT ADNAN | KB |
| 5 | P672 NURUL IZZATUL BT MOHD JAMIL | PP |
| 6 | N530 FAIZAH BT YUSOFF | NT |
| 7 | A058 AMUTHAVALLI | AI |
| 8 | S611 ANGELA A/P TOMAS | MI |
| 9 | K251 NUR SYAHMIENA SYASYA BT AZMI | KW |
| 10 | A050 MASHNI A/P NILAMANI | AI |
| 11 | S617 DEVANANDINI A/P SURESH | MI |
| 12 | M333 TOH KAH YE | BM |
| 13 | U404 GAN YIN HUI | BW |
| 14 | J195 SEE QIAO YING | JT |
| 15 | J181 VAITHESWARY A/P ANPU SELVAN | JT |
| 16 | U398 AEZATUL NAFISAH BT. ASRI | BW |
| 17 | B116 NURUL RABIA' AQEFAH BT HUSIN | BP |
| 18 | K260 CHARLOTTE COMBRINK | KW |
| 19 | E473 NURUL ATIKAH BT MOHD ABU | KB |
| 20 | P673 NOOR FATEHAH BT MOHD SUBRI | PP |

ACARA: 131 1500 METER(L2)

REKOD MSSPP: 4:31.7s TARIKH: 12/04/11
 REKOD MSSM : 4:13.77s WAKTU : 1622
 AKHIR

| BIL NO. | NAMA PESERTA | ZON |
|---------|-------------------------------------|-----|
| 1 | N518 SELVA KUMAR A/L NADARAJAN | NT |
| 2 | P649 MOHD FAIZ B MOHD RAHIM | PP |
| 3 | S576 LAU CHUNG CIAN | MI |
| 4 | J154 CHANDHIRA JIEVAN RICHARD | JT |
| 5 | M286 MUHD SHARIL AMIRUL SHAHKIFLY | BM |
| 6 | E436 MUHAMMAD ZULHILMI BIN FAZIL | KB |
| 7 | J142 SIM EE JIAN | JT |
| 8 | U372 MUHAMAD NADZIR B. MUHD REDZWAN | BW |
| 9 | S570 MOHD.SYAZWI FIRAZ BIN RAFDZI | MI |
| 10 | B074 MOHD ZAMRI B. ZAKARIA | BP |
| 11 | N516 SRITARAN A/L ALAGAN | NT |
| 12 | K219 NIGEL YEAP KEAN TEONG | KW |
| 13 | U377 TAN JIA WEI | BW |
| 14 | K230 VARNESH KUMARAN A/L VEERAMANI | KW |
| 15 | P633 MOHAMAD AMIRUL SHAFIK | PP |
| 16 | A010 LIM WEE SHENG | AI |
| 17 | A002 MUHAMAD MUHSIN BIN SHAHIDAN | AI |
| 18 | B078 ANG ZHEN LIN | BP |
| 19 | M295 LIM KHAI TI | BM |
| 20 | E437 AMIR HISYAMUDDIN BIN NASIR | KB |

ACARA: 132 1500 METER(P1)

REKOD MSSPP: 5:19.0s TARIKH: 12/04/11
 REKOD MSSM : 4:52.92s WAKTU : 1629
 AKHIR

| BIL NO. | NAMA PESERTA | ZON |
|---------|------------------------------------|-----|
| 1 | J213 CHEN EE VEN | JT |
| 2 | A052 QURRATU 'AINIE BINTI RAZALI | AI |
| 3 | U462 ANGIE LOH CHU XUAN | BW |
| 4 | N620 KAARTHIGA A/P VEREYA | NT |
| 5 | U443 YU DECHEN | BW |
| 6 | P782 PREYMANE A/P BALASUBRAMANIAM | PP |
| 7 | B125 CHIN ER | BP |
| 8 | M371 BEH PEI SAN | BM |
| 9 | B123 CHONG SIAU FONG | BP |
| 10 | J206 SONIA CHANDRASEKHARAN | JT |
| 11 | K291 LIM YI MIN | KW |
| 12 | N618 SIVARANJINI A/P VIKNESWARAN | NT |
| 13 | K293 LEE TZE MING | KW |
| 14 | E543 TANA 'AIMMAH BT BAHARUDDIN | KB |
| 15 | E525 NUR FARIHIN BT HURZAID | KB |
| 16 | M366 SHARMILA A/P SADAIYANDY@GOPAL | BM |
| 17 | P770 VAISNEWEE A/P BANYSPARAN | PP |
| 18 | A047 EILEEN YAP INN JOE | AI |

ACARA: 133 1500 METER(L1)

REKOD MSSPP: 4:14.6s TARIKH: 12/04/11
 REKOD MSSM : 3:58.02s WAKTU : 1636
 AKHIR

| BIL NO. | NAMA PESERTA | ZON |
|---------|-----------------------------------|-----|
| 1 | M346 TAMILARASU A/L RAMAN | BM |
| 2 | N564 SARAN A/L RAMASAMY | NT |
| 3 | B100 NAVEENTERAN A/L RAJAGOPAL | BP |
| 4 | A003 KANABATHY A/L MUNIANDY | AI |
| 5 | J173 HARIIVEL A/L SURESH KUMAR | JT |
| 6 | S657 SELVADHURAI A/L THARMALINGAM | MI |
| 7 | K254 CH'NG JING YANG | KW |
| 8 | A016 KATHIRAVHEN A/L BASKARAN | AI |
| 9 | K244 MOHAMMAD RAWI B KAMARZAMAN | KW |

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|----|-------------------------------------|----|
| 10 | E483 MUHAMMAD AKMAL B. SHAMIL | KB |
| 11 | M334 DEKEESHGAAREN A/L SASIGARAN | BM |
| 12 | E493 MOHAMAD SHARAFI B. AZIZI | KB |
| 13 | S650 TEE AIK CHUAN | MI |
| 14 | B093 MOHD TAUFIK BIN AYOB | BP |
| 15 | P742 MUHAMMAD UMAR ALI WAQUIUDDIN | PP |
| 16 | P736 KAVIRAJ A/L MUNIANDY | PP |
| 17 | N588 NAAGULAN A/L RODUDASAN | NT |
| 18 | J177 CALVIN BOON CHANG YIK | JT |
| 19 | U401 RAVINAGAREAN A/L SASIKUMAR | BW |
| 20 | U433 MUHAMMAD SYAHIR FAIZ B MOHD YU | BW |

ACARA: 134/118 4 X 100 METER(P4)

REKOD MSSPP: 59.5s TARIKH: 12/04/11
 REKOD MSSM : WAKTU : 1645
 LRG NO. NAMA PESERTA ZON
 AKHIR

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ACARA: 135/119 4 X 100 METER(L4)

REKOD MSSPP: 57.8s TARIKH: 12/04/11
 REKOD MSSM : WAKTU : 1655
 LRG NO. NAMA PESERTA ZON
 AKHIR

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ACARA: 136/120 4 X 100 METER(P3)

REKOD MSSPP: 55.6s TARIKH: 12/04/11
 REKOD MSSM : 52.26s WAKTU : 1705
 LRG NO. NAMA PESERTA ZON
 AKHIR

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ACARA: 137/121 4 X 100 METER(L3)

REKOD MSSPP: 52.1s TARIKH: 12/04/11
 REKOD MSSM : 46.63s WAKTU : 1715
 LRG NO. NAMA PESERTA ZON
 AKHIR

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ACARA: 138/122 4 X 100 METER(P2)

REKOD MSSPP: 52.1s TARIKH: 12/04/11
 REKOD MSSM : 49.12s WAKTU : 1725
 LRG NO. NAMA PESERTA ZON
 AKHIR

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ACARA: 139/123 4 X 100 METER(L2)

REKOD MSSPP: 46.0s TARIKH: 12/04/11
 REKOD MSSM : 43.20s WAKTU : 1735
 LRG NO. NAMA PESERTA ZON
 AKHIR

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SUSUNAN ACARA HARIAN

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ACARA: 140/124 4 X 100 METER(P1)

REKOD MSSPP: 52.1s TARIKH: 12/04/11
REKOD MSSM : 48.53s WAKTU : 1745
LRG NO. NAMA PESERTA ZON
AKHIR

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ACARA: 141/125 4 X 100 METER(L1)

REKOD MSSPP: 44.0s TARIKH: 12/04/11
REKOD MSSM : 41.50s WAKTU : 1755
LRG NO. NAMA PESERTA ZON
AKHIR

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ACARA: 201 LOMPAT TINGGI(P1)

REKOD MSSPP: 1.61m TARIKH: 13/04/11
REKOD MSSM : 1.71m WAKTU : 0745
AKHIR

| BIL NO. | NAMA PESERTA | ZON |
|---------|-------------------------------------|-----|
| 1 | A046 SIM VISUEN | AI |
| 2 | K300 ASHTYN MCKENZIE | KW |
| 3 | M364 CHERYL RING CHIA YI | BM |
| 4 | B131 NURUL ATIKAH BT RAHMAD | BP |
| 5 | E544 NUR ADILA BT MOHD NORIZAN | KB |
| 6 | E532 AINAA MASTURA BT ABDUL MALEK | KB |
| 7 | J215 ONG KE HUI | JT |
| 8 | U459 TEOH SIN NEE | BW |
| 9 | J211 NOORSHAHIDAH BT AHAMED BATUSHA | JT |
| 10 | K285 ELYNN OOI YEE LING | KW |
| 11 | A053 CHANG MEI YEE | AI |
| 12 | P769 NUR MASHITAH BT ABD RAHMAN | PP |
| 13 | P776 NURFARHANA RAHIM | PP |
| 14 | N624 NUR SYUKRINA BT YAHAYA | NT |
| 15 | N606 NURUL AMMELIA BT ZULKIFLI | NT |
| 16 | U452 CHEAH SUAT BOON | BW |
| 17 | M365 KHONG CHIANG THIENG | BM |
| 18 | B126 OON SOO CHING | BP |

ACARA: 202/239 LOMPAT JAUH (Pen. 4)(P0)

REKOD MSSPP: 2671mata TARIKH: 13/04/11
REKOD MSSM : 3022mata WAKTU : 0745

| BIL NO. | NAMA PESERTA | ZON |
|---------|-------------------------------------|-----|
| 1 | M372 FELICIA GUI XIN WHUI | BM |
| 2 | S625 NORFATIN ZIEHAN BTE MOHD FAUZI | MI |
| 3 | U458 LIM XIN YI | BW |
| 4 | S623 NUR ZAFIRAH BTE ZULKIFLI | MI |
| 5 | K299 +FRANCES WONG | KW |
| 6 | J197 GRACE TEH | JT |
| 7 | K300 ASHTYN MCKENZIE | KW |
| 8 | B141 ILI FATIMAH BT ROSLIM | BP |
| 9 | U445 SYAZWANI MOHD FOAD | BW |
| 10 | B143 NUR AFINNI BT MOHAMED | BP |
| 11 | B116 NURUL RABIA'AQEFAH BT HUSIN | BP |
| 12 | B114 NUR FARAH BT HASNA | BP |
| 13 | J201 SALLY CHEN | JT |
| 14 | U460 TAN SHIN ER | BW |

ACARA: 203 MELONTAR PELURU (4.0kg)(P1)

REKOD MSSPP: 10.04m TARIKH: 13/04/11
REKOD MSSM : 12.35m WAKTU : 0745

| BIL NO. | NAMA PESERTA | ZON |
|---------|-------------------------------------|-----|
| 1 | K289 SUSHMITA KAUR A/P KUMARASINGAM | KW |
| 2 | S701 CHEW YU EN | MI |
| 3 | J216 WAN POOI MUN | JT |
| 4 | B129 NURAZIMAH BINTI MOHD BASIR | BP |
| 5 | P775 N.FATIHAH SYAZREN BT M SATHIA | PP |
| 6 | B136 SITI MUSLIHA BT JAMALUDIN | BP |
| 7 | M375 MASTIKA FALSHA BT HARUN | BM |
| 8 | A056 ALIES LIM | AI |

| | | |
|----|-----------------------------------|----|
| 9 | E528 NUR ATHIRAH BT IDRUS | KB |
| 10 | E545 MUMTAZZAH BT MUNIR | KB |
| 11 | U463 PUSPAAVALLI A/P SINNASAMY | BW |
| 12 | M367 NUR IRLIANI BT MOHAMAD ZIKRI | BM |
| 13 | J202 LIM MEI PENG | JT |
| 14 | K292 LOO SUET CHENG | KW |
| 15 | P778 NUR ALIA BT MD NOR | PP |
| 16 | A048 NG MUN SEEN | AI |
| 17 | N605 LEE JIA YUN | NT |
| 18 | N614 NURUL IZZATI BT SUHAILI | NT |
| 19 | U446 NUR ALIA FASIAH BT SAZALI | BW |

ACARA: 204/428 4 X 200 METER(P3)

REKOD MSSPP: 1:59.3s TARIKH: 13/04/11
REKOD MSSM : 1:52.19s WAKTU : 0745

SEPARUH AKHIR : 1
LRG NO. NAMA PESERTA ZON

| | | |
|---|-------------------------|----|
| 2 | BBBB ZON BALIK PULAU | BP |
| 3 | JJJJ ZON JELUTONG | JT |
| 4 | PPPP ZON PERMATANG PAUH | PP |
| 5 | AAAA ZON AIR ITAM | AI |
| 6 | KKKK ZON KELAWAI | KW |

SEPARUH AKHIR : 2
LRG NO. NAMA PESERTA ZON

| | | |
|---|-------------------------|----|
| 3 | UUUU ZON BUTTERWORTH | BW |
| 4 | EEEE ZON KEPALA BATAS | KB |
| 5 | MMMM ZON BUKIT MERTAJAM | BM |
| 6 | NNNN ZON NIBONG TEBAL | NT |

ACARA: 205/429 4 X 200 METER(L3)

REKOD MSSPP: 1:50.1s TARIKH: 13/04/11
REKOD MSSM : 1:10.77s WAKTU : 0800

SEPARUH AKHIR : 1
LRG NO. NAMA PESERTA ZON

| | | |
|---|-------------------------|----|
| 2 | BBBB ZON BALIK PULAU | BP |
| 3 | JJJJ ZON JELUTONG | JT |
| 4 | KKKK ZON KELAWAI | KW |
| 5 | PPPP ZON PERMATANG PAUH | PP |
| 6 | AAAA ZON AIR ITAM | AI |

SEPARUH AKHIR : 2
LRG NO. NAMA PESERTA ZON

| | | |
|---|-------------------------|----|
| 3 | EEEE ZON KEPALA BATAS | KB |
| 4 | NNNN ZON NIBONG TEBAL | NT |
| 5 | UUUU ZON BUTTERWORTH | BW |
| 6 | MMMM ZON BUKIT MERTAJAM | BM |

ACARA: 206/430 4 X 400 METER(P2)

REKOD MSSPP: 4:26.8s TARIKH: 13/04/11
REKOD MSSM : 4:08.07s WAKTU : 0815

SEPARUH AKHIR : 1
LRG NO. NAMA PESERTA ZON

| | | |
|---|------------------------|----|
| 2 | AAAA ZON AIR ITAM | AI |
| 3 | NNNN ZON NIBONG TEBAL | NT |
| 4 | MMI SMK MUTIARA IMPIAN | BM |
| 5 | EEEE ZON KEPALA BATAS | KB |
| 6 | UUUU ZON BUTTERWORTH | BW |

ACARA: 207/431 4 X 400 METER(L2)

REKOD MSSPP: 3:44.4s TARIKH: 13/04/11
REKOD MSSM : 3:29.50s WAKTU : 0830

SEPARUH AKHIR : 1
LRG NO. NAMA PESERTA ZON

| | | |
|---|------------------------|----|
| 2 | AAAA ZON AIR ITAM | AI |
| 3 | UUUU ZON BUTTERWORTH | BW |
| 4 | NNNN ZON NIBONG TEBAL | NT |
| 5 | MMI SMK MUTIARA IMPIAN | BM |
| 6 | EEEE ZON KEPALA BATAS | KB |

SEPARUH AKHIR : 2
LRG NO. NAMA PESERTA ZON

| | | |
|---|-------------------------|----|
| 2 | KKKK ZON KELAWAI | KW |
| 3 | MMMM ZON BUKIT MERTAJAM | BM |
| 4 | BBBB ZON BALIK PULAU | BP |
| 5 | PPPP ZON PERMATANG PAUH | PP |
| 6 | JJJJ ZON JELUTONG | JT |

SUSUNAN ACARA HARIAN

ACARA: 208/432 4 X 400 METER(P1)

REKOD MSSPP: 4:28.7s TARIKH: 13/04/11
 REKOD MSSM : 4:00.81s WAKTU : 0845
 SEPARUH AKHIR : 1

| LRG NO. | NAMA PESERTA | ZON |
|---------|------------------------|-----|
| 2 | MMI SMK MUTIARA IMPIAN | BM |
| 3 | AAAA ZON AIR ITAM | AI |
| 4 | NNNN ZON NIBONG TEBAL | NT |
| 5 | UUUU ZON BUTTERWORTH | BW |
| 6 | EEEE ZON KEPALA BATAS | KB |

SEPARUH AKHIR : 2

| LRG NO. | NAMA PESERTA | ZON |
|---------|-------------------------|-----|
| 2 | JJJJ ZON JELUTONG | JT |
| 3 | KKKK ZON KELAWAI | KW |
| 4 | MMMM ZON BUKIT MERTAJAM | BM |
| 5 | BBBB ZON BALIK PULAU | BP |
| 6 | PPPP ZON PERMATANG PAUH | PP |

ACARA: 209/433 4 X 400 METER(L1)

REKOD MSSPP: 3:32.2s TARIKH: 13/04/11
 REKOD MSSM : 3:18.89s WAKTU : 0900
 SEPARUH AKHIR : 1

| LRG NO. | NAMA PESERTA | ZON |
|---------|------------------------|-----|
| 2 | MMI SMK MUTIARA IMPIAN | BM |
| 3 | NNNN ZON NIBONG TEBAL | NT |
| 4 | UUUU ZON BUTTERWORTH | BW |
| 5 | EEEE ZON KEPALA BATAS | KB |
| 6 | AAAA ZON AIR ITAM | AI |

SEPARUH AKHIR : 2

| LRG NO. | NAMA PESERTA | ZON |
|---------|-------------------------|-----|
| 2 | PPPP ZON PERMATANG PAUH | PP |
| 3 | BBBB ZON BALIK PULAU | BP |
| 4 | MMMM ZON BUKIT MERTAJAM | BM |
| 5 | JJJJ ZON JELUTONG | JT |
| 6 | KKKK ZON KELAWAI | KW |

ACARA: 210/328 100 METER(P4)

REKOD MSSPP: 14.4s TARIKH: 13/04/11
 REKOD MSSM : WAKTU : 0910
 SEPARUH AKHIR : 1

| LRG NO. | NAMA PESERTA | ZON |
|---------|------------------------------------|-----|
| 2 | M213 LEYDIKUMAR RAI A/P SUDESHKUMA | BM |
| 3 | P406 KONG YUAN WEI | PP |
| 4 | A021 PEH YI LIN | AI |
| 5 | J123 KAMELYA HANANI BT ROZLEY | JT |
| 6 | K170 CH'NG AI TING | KW |
| 7 | U242 LEE PEI WEN | BW |

SEPARUH AKHIR : 2

| LRG NO. | NAMA PESERTA | ZON |
|---------|-----------------------------|-----|
| 2 | A034 EUNICE CHEAH SHUEN YIH | AI |
| 3 | U243 ONG JIE XIAN | BW |
| 4 | P407 TAN ZI JING | PP |
| 5 | E324 NUR ATHIRAH BT.ELIAS | KB |
| 6 | B067 NUR FATIHAH BT AZHAR | BP |
| 7 | N364 G.YOGESWARI | NT |

SEPARUH AKHIR : 3

| LRG NO. | NAMA PESERTA | ZON |
|---------|------------------------------------|-----|
| 2 | M204 MILISSA ANNE | BM |
| 3 | K162 NURAMISHA BT. ZABIDI | KW |
| 4 | J122 NUR FARAH AMELIA BT NORADZLAN | JT |
| 5 | N372 SITI NAZWANIE BT SAIZAN | NT |
| 6 | B070 NOR FARISHA IRWAYU BT AZMAN | BP |

ACARA: 211/329 100 METER(L4)

REKOD MSSPP: 13.5s TARIKH: 13/04/11
 REKOD MSSM : WAKTU : 0920
 SEPARUH AKHIR : 1

| LRG NO. | NAMA PESERTA | ZON |
|---------|-----------------------------------|-----|
| 1 | P386 MOHAMMAD AMAR B. MOHAMAD | PP |
| 2 | J106 MOHD AMIR ARIF B MOHD MALIKI | JT |
| 3 | A001 JAVEN LIM | AI |
| 4 | U225 WILSON LEE SHU KUAN | BW |
| 5 | E291 ANAS IZZUDIN | KB |
| 6 | M194 EMIR DANIEL | BM |
| 7 | N346 M.SRITHARAN | NT |

SEPARUH AKHIR : 2

| LRG NO. | NAMA PESERTA | ZON |
|---------|------------------------------------|-----|
| 2 | E283 AMRIL NAJWAN B.AHMAD BASRI | KB |
| 3 | K141 NAVIENRAJ A/L KARTIGESU | KW |
| 4 | A005 LIM CHEU KER | AI |
| 5 | N351 MUNISWARAN A/L LETCHUMANAN | NT |
| 6 | U233 MUHAMAD NABIL ASYRAF B. PARIS | BP |
| 7 | B043 MOHD FAKHRUL B ABD AZIZ | BP |

SEPARUH AKHIR : 3

| LRG NO. | NAMA PESERTA | ZON |
|---------|------------------------------------|-----|
| 2 | K152 JUSTIN YEOW KAR YEN | KW |
| 3 | B048 MUHD SYAMSURI B MOHD FAIZAL | BP |
| 4 | J105 MOHD IZZAT HAFIDZ AHMAD NIZAM | JT |
| 5 | M189 LIEW CHUN MENG | BM |
| 6 | P382 CHEAH QING LIN | PP |
| 7 | E286 MUHAMMAD DANIAL BIN SHAMSUL | KB |

ACARA: 212 LOMPAT JAUH(P4)

REKOD MSSPP: 4.05m TARIKH: 13/04/11
 REKOD MSSM : WAKTU : 0930
 AKHIR

| BIL NO. | NAMA PESERTA | ZON |
|---------|-----------------------------------|-----|
| 1 | K163 ALIAH HANISAH BT ABDUL HALIM | KW |
| 2 | N371 NUR NADIAH BT ROSLI | NT |
| 3 | E322 NURUL SYAZA BT AZEMI | KB |
| 4 | B069 NUR FATIN AMIRA BT. SHUKRI | BP |
| 5 | U248 HENG JING YAN | BW |
| 6 | B068 TAN CHIER SIN | BP |
| 7 | M201 WANG JIA YING | BM |
| 8 | E328 NUR AISHA BT. ISMAIL | KB |
| 9 | A028 LIM XIN YING | AI |
| 10 | K162 NURAMISHA BT. ZABIDI | KW |
| 11 | J125 FARAH IRDINA BT MD NASIR | JT |
| 12 | M210 NUR FATIHAH ATIQA | BM |
| 13 | J130 ONG PEI XIEN | JT |
| 14 | N370 SITI NASYITAH BT RAHMAN | NT |
| 15 | A030 POH YING JIE | AI |
| 16 | P401 BOEY LI-QUIN | PP |
| 17 | P408 TAN PEI JING | PP |
| 18 | U252 SYASYA NURDAYANA BT. RONIZAR | BW |

ACARA: 213/330 100 METER(P3)

REKOD MSSPP: 13.0s TARIKH: 13/04/11
 REKOD MSSM : 13.15s WAKTU : 0940
 SEPARUH AKHIR : 1

| LRG NO. | NAMA PESERTA | ZON |
|---------|------------------------------|-----|
| 2 | M212 SIM KUI FANG | BM |
| 3 | K163 JASLYN HOOI YUE YANN | KW |
| 4 | N376 SIVAMALAR A/P ANBALAGAN | NT |
| 5 | U242 TAN RU YUN | BW |
| 6 | J135 OOI ZHER YEE | JT |
| 7 | A022 LIM XUE QI | AI |

SEPARUH AKHIR : 2

| LRG NO. | NAMA PESERTA | ZON |
|---------|-----------------------------------|-----|
| 2 | U244 CHEAH SHU QI | BW |
| 3 | B071 ZUHAI RA ASHIKIN BT ZULKEPPE | BP |
| 4 | P410 NUR SYAFAWANI MOHD SHUKUR | PP |
| 5 | E322 ANG CHING ER | KB |
| 6 | K168 CLARISSA YEOH HUI YING | KW |
| 7 | A037 TEOH PAO YI | AI |

SEPARUH AKHIR : 3

| LRG NO. | NAMA PESERTA | ZON |
|---------|---------------------------------|-----|
| 2 | N361 CHIN KE XIN | NT |
| 3 | B072 ASMIRA BT ISHAK | BP |
| 4 | P413 FARAH NAJWA BT MOHD ZAID | PP |
| 5 | M203 LIM ZIN ZIN | BM |
| 6 | E335 NURUL ASYIKIN BT JAMALUDIN | KB |
| 7 | J127 GAN XIN JIE | JT |

ACARA: 214/331 100 METER(L3)

REKOD MSSPP: 12.1s TARIKH: 13/04/11
 REKOD MSSM : 11.92s WAKTU : 0950
 SEPARUH AKHIR : 1

| LRG NO. | NAMA PESERTA | ZON |
|---------|------------------------------------|-----|
| 2 | U226 GOH CHONG SOON | BW |
| 3 | J109 AHMAD FARIS B AHMAD NORDIN | JT |
| 4 | N350 MUHAMMAD NOR HAFIZUDDIN B MAT | NT |
| 5 | K145 CHUAH BOON YUAN | KW |
| 6 | M200 MD BUKHARI B MUHD AZHAR | BM |
| 7 | A002 CHOO WEI CHUN | AI |

SEPARUH AKHIR : 2

| LRG NO. | NAMA PESERTA | ZON |
|---------|---------------------------------|-----|
| 2 | E289 DANIAL FAKHRI B. MD KHADRI | KB |
| 3 | K159 JONAH SMITH | KW |
| 4 | B047 MUHAMMAD NURFAIS B JOHARI | BP |
| 5 | A012 GOH ZHEN CHEAN | AI |
| 6 | P385 GOH ZHEN SHEN | PP |
| 7 | U234 MOHD RIDHWAN B. NASRI | BW |

SEPARUH AKHIR : 3

| LRG NO. | NAMA PESERTA | ZON |
|---------|------------------------------|-----|
| 2 | N348 H'NG YAN KANG | NT |
| 3 | E290 MOHAMAD FIRDAUS B. SAAD | KB |
| 4 | B056 FAZRUL NAZMI BIN KARIM | BP |
| 5 | P395 CHOO YI HUI | PP |
| 6 | M185 GOH YONG KHANG | BM |

SUSUNAN ACARA HARIAN

7 J103 LIM SWEE CHOON JT

ACARA: 215 MEREJAM LEMBING (600g)(P2)
 REKOD MSSPP: 26.47m TARIKH: 13/04/11
 REKOD MSSM : 35.64m WAKTU : 1000

AKHIR

| BIL NO. | NAMA PESERTA | ZON |
|---------|-------------------------------|-----|
| 1 B127 | AIDA DAMIA BT MOHD RAZALI | BP |
| 2 P679 | BATRISYIA IZZATI BT FADZIL | PP |
| 3 M340 | LEONG KEH NEE | BM |
| 4 E475 | AIDA MIZA BT AZNAM | KB |
| 5 P691 | NUR SYAZWINA BT ZAKARIA | PP |
| 6 N543 | ZAINAB BT ZAKARIA | NT |
| 7 M319 | OEH ZHE HUI | BM |
| 8 S628 | NORSHAHIRA NATASHA BT MOHD SH | MI |
| 9 K249 | LEE JHING HUEY | KW |
| 10 A059 | LEE POH CHOO | AI |
| 11 N533 | FITRAH JEHAN BT MOHD AYOB | NT |
| 12 A057 | NUR FARAHANA BT ROSMI | AI |
| 13 B113 | NURDARINA BT BADEROI | BP |
| 14 J199 | CHAN HUI EN | JT |
| 15 E467 | NUR QHAIRUNNISHA BT RAZIFF | KB |
| 16 J202 | NUR ASSYUHADA BT MD ISA | JT |
| 17 U393 | BIBIANA OOI SEE KEE | BW |
| 18 U390 | NUR FARAHIN AZWIN SHAMSURI | BW |
| 19 S627 | KONG SHU YI | MI |
| 20 K247 | FLORENCE LOH YI XUAN | KW |

ACARA: 216 MELONTAR PELURU (2.72kg)(P3)
 REKOD MSSPP: 9.46m TARIKH: 13/04/11
 REKOD MSSM : 10.73m WAKTU : 1000

AKHIR

| BIL NO. | NAMA PESERTA | ZON |
|---------|--------------------------------|-----|
| 1 K170 | AGNES LIM ZHI QI | KW |
| 2 A039 | SAMMY KHOR TZE WEI | AI |
| 3 B061 | CHUAH KE XIN | BP |
| 4 E332 | NUR AFIQAH BT MOHD ROZAIMEE | KB |
| 5 J134 | NG YU JING | JT |
| 6 J131 | YEOH JEN | JT |
| 7 U251 | LEE JEN YI | BW |
| 8 U254 | NURUL NADIAH BINTI AZMADI | BW |
| 9 K167 | NURUL EZZA BT MD. AKHBAR | KW |
| 10 A026 | ONG HUI FANG | AI |
| 11 P414 | NURUL ZAHRAHAT HUSNA BT SHAARI | PP |
| 12 P419 | TEOW NGEAN NEE | PP |
| 13 N375 | NUR SYAHIRAH BT AHMAD ROSLI | NT |
| 14 N365 | FATIN NURHANANI BT. MOHD ASRI | NT |
| 15 B070 | CHONG YEN SZE | BP |
| 16 M201 | VOON CHIAW FANG | BM |
| 17 M202 | LEEKIM YEN | BM |

ACARA: 217/332 100 METER(P2)
 REKOD MSSPP: 12.6s TARIKH: 13/04/11
 REKOD MSSM : 12.37s WAKTU : 1010

SEPARUH AKHIR : 1

| LRG NO. | NAMA PESERTA | ZON |
|---------|--------------------------------|-----|
| 1 P676 | SITI FAIRUZ BT AHMAD | PP |
| 2 U392 | JACQUELINE EOW JAE LING | BW |
| 3 A039 | CH'NG RU SHAN | AI |
| 4 J188 | NOR FAZLINA BINTI ASSAN KUTHUS | JT |
| 5 S621 | OOI CHENG MUN | MI |
| 6 M336 | KANG SIEW FERN | BM |
| 7 K246 | NICOLE TEH MAE SHUN | KW |

SEPARUH AKHIR : 2

| LRG NO. | NAMA PESERTA | ZON |
|---------|---------------------------|-----|
| 1 A053 | JAYLEEN KHOR TZE YINN | AI |
| 2 K253 | AUDREY CHUA LING LING | KW |
| 3 N526 | TAN CHIAT YEE | NT |
| 4 B115 | SITI ZULAIKHA BT ZULKIFLI | BP |
| 5 P686 | NURNAJIHAH BT ZULKIFLI | PP |
| 6 E465 | NUR ZAHIRAH BINTI ZAKERI | KB |
| 7 U403 | SIM YI YIN | BW |

SEPARUH AKHIR : 3

| LRG NO. | NAMA PESERTA | ZON |
|---------|----------------------------|-----|
| 2 S618 | KAVI ANJALI A/P RAJALINGAM | MI |
| 3 B125 | ANIS SYAZWANI BT FADZIL | BP |
| 4 J180 | BAIZURA BT MOHD RASHID | JT |
| 5 M316 | TAN YING YUE | BM |
| 6 N534 | KOKILEVENI GUNASEGARAN | NT |
| 7 E469 | NURHIDAYAH BT HAMZAH | KB |

ACARA: 218/333 100 METER(L2)
 REKOD MSSPP: 11.3s TARIKH: 13/04/11
 REKOD MSSM : 10.99s WAKTU : 1020

SEPARUH AKHIR : 1

| LRG NO. | NAMA PESERTA | ZON |
|---------|--------------------------------|-----|
| 1 M298 | LIM ZHEN HAN | BM |
| 2 U364 | KHAIRIL IZAT IKHWAN ROSLI TAUF | BW |

3 S589 KUHD. HAZIQ BIN HARIS MI
 4 A004 LOGESHWARAN A/L SHANMUGHAM AI
 5 P631 MUHAMMAD AIDEL B JAMIL PP
 6 K212 DANISH B ABDUL RAHIM KW
 7 J169 MUHD NUR FARIS BIN ISMAIL JT

SEPARUH AKHIR : 2

| LRG NO. | NAMA PESERTA | ZON |
|---------|--------------------------------|-----|
| 1 U373 | LIM TEIK SENG | BW |
| 2 N491 | CHAM CHEE YIN | NT |
| 3 K226 | LOH YING LE | KW |
| 4 B071 | MEGAT MUHD FARHAN BIN MEGAT MA | BP |
| 5 A015 | OUI JUN KAI | AI |
| 6 P637 | RAMANAN A/L SHUNMUGAM | PP |
| 7 E423 | ABDUL MUHAJMIN B. AZMAN | KB |

SEPARUH AKHIR : 3

| LRG NO. | NAMA PESERTA | ZON |
|---------|--------------------------------|-----|
| 2 E440 | MOHAMAD SHAHRUL FITRI BIN MAST | KB |
| 3 J153 | SYED FAIZ ALHADY B S.A.ALHADY | JT |
| 4 M294 | YEOH XTONG LIN | BM |
| 5 S590 | MOHD. SHAHMIE BIN ROSDHI | MI |
| 6 N498 | MOHD ROZAIMI B. AHMAD | NT |
| 7 B076 | M SYAHIR ASYRAF B TAMAM | BP |

ACARA: 219 LOMPAT KIJANG(P3)
 REKOD MSSPP: 9.36m TARIKH: 13/04/11
 REKOD MSSM : WAKTU : 1030

AKHIR

| BIL NO. | NAMA PESERTA | ZON |
|---------|--------------------------------|-----|
| 1 P420 | LAW RUI AI | PP |
| 2 N362 | TAN YEN SUAN | NT |
| 3 U250 | KHOR CHIAT MING | BW |
| 4 A025 | NG JING LING | AI |
| 5 J128 | LEW YONG EN | JT |
| 6 U243 | ONG YU FEI | BW |
| 7 B065 | NUR DALILA DAYANA | BP |
| 8 N363 | GOOI CHI KUAN | NT |
| 9 M208 | SEOW SHU LI | BM |
| 10 P405 | LAU YI XUAN | PP |
| 11 E333 | NUR AIN SAKINAH BT SHARIPUDDIN | KB |
| 12 B068 | SITI NURLIYANA | BP |
| 13 E334 | TANG PEI ZI | KB |
| 14 M214 | TUTI MASRABIYANTI | BM |
| 15 A028 | CHONG WEI WEI | AI |
| 16 J129 | ANDRENA SOON MING FERN | JT |

ACARA: 220/334 100 METER(P1)
 REKOD MSSPP: 12.2s TARIKH: 13/04/11
 REKOD MSSM : 12.07s WAKTU : 1040

SEPARUH AKHIR : 1

| LRG NO. | NAMA PESERTA | ZON |
|---------|----------------------------|-----|
| 1 M368 | RASHINIE A/P SASIGARAN | BM |
| 2 U448 | NUR ATIRA BT AKHIR | BW |
| 3 S699 | NOR HAMIZAH BTE MOHD FUAAD | MI |
| 4 K283 | LIEW XIN YOONG | KW |
| 5 A046 | SIM VISUEN | AI |
| 6 P772 | SITI KHADIJAH BT MUSA | PP |
| 7 J212 | LIM YEN | JT |

SEPARUH AKHIR : 2

| LRG NO. | NAMA PESERTA | ZON |
|---------|-------------------------------|-----|
| 1 K287 | NURFARAHLIZA BT ABDUL MUTALIB | KW |
| 2 P780 | NURATIKAH BT POJI | PP |
| 3 N601 | KARTHIGA A/P SHANMUGHAM | NT |
| 4 A058 | YASMIN HANANI BT ROZLEY | AI |
| 5 U453 | LOH WEI QI | BW |
| 6 B121 | NUR ASYIKIN BT AZMAN | BP |
| 7 E521 | SHARMILA RETTY A/P MUNEY | KB |

SEPARUH AKHIR : 3

| LRG NO. | NAMA PESERTA | ZON |
|---------|--------------------------------|-----|
| 2 B127 | NUR NAZIHAH BINTI AHMAD ISMAIL | BP |
| 3 J208 | TANALAKSIUMY A/P MAHENTHIRAN R | JT |
| 4 S696 | NOR SHAFIQAH SYASWANI BT AZIPA | MI |
| 5 E529 | NADIA SYAZLINA BT ABDUL WAHID | KB |
| 6 M363 | CHEN WEI YIN | BM |
| 7 N609 | SANTIRIKA A/P MURUGAN | NT |

ACARA: 221 335 100 METER(L1)
 REKOD MSSPP: 10.8s TARIKH: 13/04/11
 REKOD MSSM : 10.57s WAKTU : 1050

SEPARUH AKHIR : 1

| LRG NO. | NAMA PESERTA | ZON |
|---------|-------------------------------|-----|
| 1 M352 | NIK LUKMANUL HAKIM NIK YAHYA | BM |
| 2 S668 | MUHD.AFIQ BIN JAMIL | MI |
| 3 A004 | DEVAPRABA NAIR | AI |
| 4 P722 | MOHD IZZAT ATHIF B MOHD UZAIR | PP |
| 5 J192 | VASHISTAN A/L SANDRAN MOGAN | JT |
| 6 K242 | LIM CHEE CHONG | KW |

SUSUNAN ACARA HARIAN

| | | |
|-------------------|--------------------------------|-----|
| 7 U422 | LIM WOUI CHEW | BW |
| SEPARUH AKHIR : 2 | | |
| LRG NO. | NAMA PESERTA | ZON |
| 1 K257 | KIERAN PARESH SHANMUGASUNDRAM | KW |
| 2 U423 | MOHD NOR AZMI BIN MOHD HALIM | BW |
| 3 E481 | NAZIRUL AIMAN B. ZULKARNAIN | KB |
| 4 B087 | KHOR PENG YI | BP |
| 5 A015 | MOHD IQBAL FAHMI B. NORAZI | AI |
| 6 P732 | PREMKUMAR A/L VINAYAGAR KUMAR | PP |
| 7 N568 | AHMAD MUZAIMI B. ABD. BAKHTIAR | NT |
| SEPARUH AKHIR : 3 | | |
| LRG NO. | NAMA PESERTA | ZON |
| 2 M347 | LEE JIA JIE | BM |
| 3 J175 | TAN JIAN YUNG | JT |
| 4 E486 | CHIN KANG SENG | KB |
| 5 N573 | HEMARRUBEN A/L TAKCHINAMOORTHY | NT |
| 6 B096 | MUHAMAD RAZIN ZHARIF B ROSMIDI | BP |
| 7 S666 | WAN AHMAD AZFARUDDIN | MI |

ACARA: 222/232 200m LARI BERPAGAR(L2)
 REKOD MSSPP: 28.1s TARIKH: 13/04/11
 REKOD MSSM : 25.66s WAKTU : 1110

SEPARUH AKHIR : 1

| | | |
|---------|--------------------------------|-----|
| LRG NO. | NAMA PESERTA | ZON |
| 2 B092 | MUHD AFIQ ISKANDAR B ZULKEFLI | BP |
| 3 J146 | CHANG WOUI KAI | JT |
| 4 E439 | MUHD.LUKMAN B. ABDUL JAAFAR | KB |
| 5 S587 | M.AMIRUL FARIS HAQZIM B MAZLAN | MI |
| 6 M291 | NG BOON YEONG | BM |
| 7 N504 | MOHD NAZMI BIN ABD MUTALIB | NT |

SEPARUH AKHIR : 2

| | | |
|---------|--------------------------------|-----|
| LRG NO. | NAMA PESERTA | ZON |
| 2 M293 | TAN CHEE HENG | BM |
| 3 K212 | DANISH B ABDUL RAHIM | KW |
| 4 P656 | MUHAMMAD SYAFIQ BIN AZMAN | PP |
| 5 J160 | CHAN RUEN TERNG | JT |
| 6 S593 | MOHD. FIRDAUS B YUSOF | MI |
| 7 U360 | MOHD NASHRUL IYLMY BIN MD NOOR | BW |

SEPARUH AKHIR : 3

| | | |
|---------|----------------------------|-----|
| LRG NO. | NAMA PESERTA | ZON |
| 2 K228 | AIMAN HAKIM BIN MUHD ARIFF | KW |
| 3 B073 | MOHD FAIZZ B. ISHAK | BP |
| 4 U369 | KOK CHUAN A/L AIWAN | BW |
| 5 N503 | MUHD SYAHMIE BIN AMALI | NT |
| 6 E430 | MOHAMAD ARIF B. MOHAMAD | KB |

ACARA: 223/231 200m LARI BERPAGAR(P2)
 REKOD MSSPP: 32.5s TARIKH: 13/04/11
 REKOD MSSM : 29.38s WAKTU : 1120

SEPARUH AKHIR : 1

| | | |
|---------|-------------------------|-----|
| LRG NO. | NAMA PESERTA | ZON |
| 1 N541 | SHALINI A/P SALIYAN | NT |
| 2 U392 | JACQUELINE EOW JAE LING | BW |
| 3 M338 | LIM WEN WEN | BM |
| 4 K252 | TEOH JIA NING | KW |
| 5 P692 | NUR IMTIESAL BT NORAZI | PP |
| 6 J197 | GRACE TEH | JT |
| 7 A048 | EVANGELINE OOI YONG EN | AI |

SEPARUH AKHIR : 2

| | | |
|---------|-----------------------------|-----|
| LRG NO. | NAMA PESERTA | ZON |
| 2 U407 | LEE JIA XI | BW |
| 3 E470 | NUR SHAMIRA BT ROSLI | KB |
| 4 S619 | HAZWANI BTE SHUKUR | MI |
| 5 N542 | SITI SARAH BT ZAINOL | NT |
| 6 B107 | NOR ASYIKIN BT. ABDUL WAHID | BP |
| 7 A049 | NUR RAZANA BT MOHD KOYA | AI |

SEPARUH AKHIR : 3

| | | |
|---------|-------------------------------|-----|
| LRG NO. | NAMA PESERTA | ZON |
| 2 J193 | YEAP SHI TIEH | JT |
| 3 P681 | NOOR FARAH FARLIANA BT M SUID | PP |
| 4 E475 | AIDA MIZA BT AZNAM | KB |
| 5 S620 | NUR HAWA BTE MOKHTAR | MI |
| 6 B117 | NUR HANISAH BT MAZMAN | BP |
| 7 M332 | TAN YIN YING | BM |

ACARA: 224/230 400m LARI BERPAGAR(P1)
 REKOD MSSPP: 72.6s TARIKH: 13/04/11
 REKOD MSSM : 62.50s WAKTU : 1140

SEPARUH AKHIR : 1

| | | |
|---------|------------------------------|-----|
| LRG NO. | NAMA PESERTA | ZON |
| 1 E542 | NUR ANIS FAZIRA BT ROZI | KB |
| 2 A062 | VINIYSAA A/P VIJAYAN | AI |
| 3 U455 | LEE SHI YING | BW |
| 4 S689 | SHAHIRATUL NABILAH BTE ALIAS | MI |

| | | |
|-------------------|--------------------------------|-----|
| 5 J213 | CHEN EE VEN | JT |
| 6 B130 | NUR SYAHIRAH BT ISSAHAK | BP |
| 7 M372 | FELICIA GUI XIN WHUI | BM |
| 8 N612 | YEOW XIN ROU | NT |
| SEPARUH AKHIR : 2 | | |
| LRG NO. | NAMA PESERTA | ZON |
| 1 P773 | NUR HANIS BT MUHD DAUD | PP |
| 2 U451 | +WONG YOK SHIUAN | BW |
| 3 M379 | LOH HUI THENG | BM |
| 4 E535 | NURUL SYAMIMI BT MOHD ZUKI | KB |
| 5 N610 | SANGEETHAA A/P BASKARAN | NT |
| 6 J209 | SITI NAWAL SHAKIRRA BT ASRAFKH | JT |
| 7 A063 | YUHANIS FIRZA BT YUSRIZAL | AI |
| 8 K295 | TAN XIN YI | KW |

ACARA: 225/229 400m LARI BERPAGAR(L1)
 REKOD MSSPP: 58.1s TARIKH: 13/04/11
 REKOD MSSM : 53.62s WAKTU : 1150

SEPARUH AKHIR : 1

| | | |
|---------|---------------------------|-----|
| LRG NO. | NAMA PESERTA | ZON |
| 2 U434 | TANESH A/L ELENGAVAN | BW |
| 3 A005 | DAVID LIM | AI |
| 4 M348 | HEAH CAI SHENG | BM |
| 5 K251 | MUHAMMAD FIRDAUS B NORDIN | KW |
| 6 N585 | THASENDRAN A/L MARAN | NT |
| 7 E487 | TEOH CHENG YI | KB |

SEPARUH AKHIR : 2

| | | |
|---------|------------------------------|-----|
| LRG NO. | NAMA PESERTA | ZON |
| 2 B089 | CHUAH TEE SHIAN | BP |
| 3 J164 | CHEW ZHUN QUAN | JT |
| 4 S665 | AHMAD NURZHARIFF B AZIZ | MI |
| 5 E503 | MUHAMAD SHAFIQ B RAMLI | KB |
| 6 A006 | TENG JING LIM | AI |
| 7 P729 | MOHAMAD SHAYUTI B. HASANUDIN | PP |

SEPARUH AKHIR : 3

| | | |
|---------|----------------------------|-----|
| LRG NO. | NAMA PESERTA | ZON |
| 2 U426 | TAN CHUN YUNG | BW |
| 3 N575 | VINODKUMAR A/L RENGANATHAN | NT |
| 4 M339 | NG BOON CHIN | BM |
| 5 K245 | MUHAMMAD ISMAIL B HASHIM | KW |
| 6 J178 | PEH YEAP KAI | JT |

ACARA: 226 LOMPAT TINGGI(L4)
 REKOD MSSPP: 1.30m TARIKH: 13/04/11
 REKOD MSSM : WAKTU : 1430

AKHIR

| | | |
|---------|--------------------------------|-----|
| BIL NO. | NAMA PESERTA | ZON |
| 1 A002 | PHUAH TZE YUAN | AI |
| 2 K152 | JUSTIN YEOW KAR YEN | KW |
| 3 M192 | TAN YI XUN | BM |
| 4 B052 | MUHAMMAD DANIAL ILYASA B MAZLA | BP |
| 5 E290 | MOHD IMAN BIN YAHYA | KB |
| 6 E289 | MUHAMMAD IKMAL FAIZ ABD RAHMAN | KB |
| 7 J111 | CHOW KAI CHIN | JT |
| 8 U230 | MUHAMAD HAIKAL B AHMAD FISOL | BW |
| 9 J107 | MOHD DANISH B MOHD NAZRUL | JT |
| 10 K143 | RONAN OOI JUN HANN | KW |
| 11 A003 | TAN YU HOONG | AI |
| 12 P381 | MUHD DANIAL B MOHD JAMIL | PP |
| 13 P391 | MUHAMMAD ZULHUSNI B. ABD. AZIZ | PP |
| 14 N353 | YOGABALAN A/L MUNIANDY | NT |
| 15 N352 | MOHAMAD ROZAIDI B. ROSLI | NT |
| 16 U229 | AIMAN QUSHAIRY B BADROLHISHAM | BW |
| 17 M195 | MUHD SHAHRIL AZZUA B CHE OMAR | BM |
| 18 B042 | MUHAMMAD ZAMIR B MUSRIZAL | BP |

ACARA: 227 LOMPAT JAUH(L1)
 REKOD MSSPP: 7.01m TARIKH: 13/04/11
 REKOD MSSM : 7.29m WAKTU : 1430

AKHIR

| | | |
|---------|--------------------------------|-----|
| BIL NO. | NAMA PESERTA | ZON |
| 1 J175 | TAN JIAN YUNG | JT |
| 2 E486 | CHIN KANG SENG | KB |
| 3 B088 | TAN KEAN AIK | BP |
| 4 A018 | SYAMSUL BAHARI BIN MOHD LAZIM | AI |
| 5 S672 | WAN MOHD. AMAR BIN AZMIN | MI |
| 6 A024 | YONG YK SHEN | AI |
| 7 U415 | AZARUL AMIR B. ABDUL GHANI | BW |
| 8 P744 | WAN MOHAMAD FAIZ WAN ABD RAHIM | PP |
| 9 N586 | ENG RUI CHUANG | NT |
| 10 U422 | LIM WOUI CHEW | BW |
| 11 M352 | NIK LUKMANUL HAKIM NIK YAHYA | BM |
| 12 P721 | MUHAMMAD YUSUF B JAMIL | PP |
| 13 B082 | MUHAMMAD FAREEZ BIN AZHAR | BP |
| 14 J179 | TEH JIA YIT | JT |
| 15 N562 | LOW KWANG CHING | NT |
| 16 K261 | DANIAL BIN MUSTAFAH KHAMAL | KW |

SUSUNAN ACARA HARIAN

17 K262 CHEW KWOK WENG KW
 18 M351 LEE MENG LING BM

ACARA: 228 MELEMPAR CAKERA (1.0kg)(P2)
 REKOD MSSPP: 26.77m TARIKH: 13/04/11
 REKOD MSSM : 34.41m WAKTU : 1430

AKHIR

| BIL NO. | NAMA PESERTA | ZON |
|---------|-------------------------------------|-----|
| 1 | K247 FLORENCE LOH YI XUAN | KW |
| 2 | S627 KONG SHU YI | MI |
| 3 | J198 RACHEL ONG JIE MIN | JT |
| 4 | B110 NUR HANIS BT AZMI | BP |
| 5 | N539 NURSHUHADA ATIKAH BT ABDUL SAM | NT |
| 6 | B113 NURDARINA BT BADEROI | BP |
| 7 | M341 SITI NOORAIN A. KARIM | BM |
| 8 | A060 WONG HUI LING | AI |
| 9 | E462 NUE SHIFFA BT. ZAINAL ABIDIN | KB |
| 10 | P690 NUR ALIA USNA BT HASSAN | PP |
| 11 | E475 AIDA MIZA BT AZNAM | KB |
| 12 | U390 NUR FARAHIN AZWIN SHAMSURI | BW |
| 13 | M320 WENDY LEE WEN NI | BM |
| 14 | J189 PRISCILLIA YEOH HSIN WEI | JT |
| 15 | K249 LEE JHING HUEY | KW |
| 16 | P685 W NUR AMIRAH AFIQAH W. RAHIM | PP |
| 17 | A056 NOOR AMALINA BT BOKRI | AI |
| 18 | S629 PAVITHRAA DEVI A/P JAYAINDRAAN | MI |
| 19 | N538 SITI NUR NAJIHAH RUSNAN | NT |
| 20 | U387 NURHASHIKIN BT ABD WAHAB | BW |

ACARA: 229/225 400m LARI BERPAGAR(L1)
 REKOD MSSPP: 58.1s TARIKH: 13/04/11
 REKOD MSSM : 53.62s WAKTU : 1430

AKHIR

| LRG NO. | NAMA PESERTA | ZON |
|---------|--------------|-----|
| 1 | | |
| 2 | | |
| 3 | | |
| 4 | | |
| 5 | | |
| 6 | | |
| 7 | | |
| 8 | | |

ACARA: 230/224 400m LARI BERPAGAR(P1)
 REKOD MSSPP: 72.6s TARIKH: 13/04/11
 REKOD MSSM : 62.50s WAKTU : 1440

AKHIR

| LRG NO. | NAMA PESERTA | ZON |
|---------|--------------|-----|
| 1 | | |
| 2 | | |
| 3 | | |
| 4 | | |
| 5 | | |
| 6 | | |
| 7 | | |
| 8 | | |

ACARA: 231/223 200m LARI BERPAGAR(P2)
 REKOD MSSPP: 32.5s TARIKH: 13/04/11
 REKOD MSSM : 29.38s WAKTU : 1450

AKHIR

| LRG NO. | NAMA PESERTA | ZON |
|---------|--------------|-----|
| 1 | | |
| 2 | | |
| 3 | | |
| 4 | | |
| 5 | | |
| 6 | | |
| 7 | | |
| 8 | | |

ACARA: 232/222 200m LARI BERPAGAR(L2)
 REKOD MSSPP: 28.1s TARIKH: 13/04/11
 REKOD MSSM : 25.66s WAKTU : 1500

AKHIR

| LRG NO. | NAMA PESERTA | ZON |
|---------|--------------|-----|
| 1 | | |
| 2 | | |
| 3 | | |
| 4 | | |
| 5 | | |
| 6 | | |
| 7 | | |
| 8 | | |

ACARA: 233/419 800 METER(P2)
 REKOD MSSPP: 2:32.4s TARIKH: 13/04/11
 REKOD MSSM : 2:20.45s WAKTU : 1515

SEPARUH AKHIR : 1

| LRG NO. | NAMA PESERTA | ZON |
|---------|--------------|-----|
| 1 | | |

1 S615 NURUL ATHIRAH BT A'ZISS MI
 2 P666 THANUSHA A/P SANKAR PP
 3 U388 SITI AISYAH SALLEH BW
 4 J195 SEE QIAO YING JT
 5 K259 KENYA GIMSON KW
 6 A037 FONG SAM PEI AI
 7 M330 TAN HARN CHIAT BM

SEPARUH AKHIR : 2

| LRG NO. | NAMA PESERTA | ZON |
|---------|------------------------------------|-----|
| 1 | N527 DEVERUPINI A/P GOPALAKRISHNAN | NT |
| 2 | E457 AMIRAH AFIQAH BT ABDUL RAHIM | KB |
| 3 | B109 SITI NADILAH BT M NAZRI | BP |
| 4 | K260 CHARLOTTE COMBRINK | KW |
| 5 | P672 NURUL IZZATUL BT MOHD JAMIL | PP |
| 6 | U396 ONG HOAY THING | BW |
| 7 | A041 SHARMATHI | AI |

SEPARUH AKHIR : 3

| LRG NO. | NAMA PESERTA | ZON |
|---------|-------------------------------------|-----|
| 2 | M322 GOWRESHANKERE D/O CHANDRASAGAR | BM |
| 3 | N544 LOGES A/P VIKNESWARAN | NT |
| 4 | J181 VAITHESWARAY A/P ANPU SELVAN | JT |
| 5 | S624 LEE JEN YEN | MI |
| 6 | E473 NURUL ATIKAH BT MOHD ABU | KB |
| 7 | B116 NURUL RABIA' AQEFAH BT HUSIN | BP |

ACARA: 234/420 800 METER(L2)
 REKOD MSSPP: 2:10.7s TARIKH: 13/04/11
 REKOD MSSM : 2:00.68s WAKTU : 1530

SEPARUH AKHIR : 1

| LRG NO. | NAMA PESERTA | ZON |
|---------|-------------------------------------|-----|
| 1 | P642 KARTHIKEYEN A/L RAMANATHAN | PP |
| 2 | U368 MUHAMMAD SAYYIDI B. MOHD SALLE | BW |
| 3 | A002 MUHAMAD MUHSIN BIN SHAHIDAN | AI |
| 4 | J158 YAU TAI WEI | JT |
| 5 | S561 TINESH A/L VASUDEVAN | MI |
| 6 | M300 TEH KWANG WEI | BM |
| 7 | K219 NIGEL YEAP KEAN TEONG | KW |

SEPARUH AKHIR : 2

| LRG NO. | NAMA PESERTA | ZON |
|---------|-------------------------------------|-----|
| 1 | A003 MAHEN NAIDU | AI |
| 2 | K230 VARNESH KUMARAN A/L VEERAMANI | KW |
| 3 | N492 THINESKUMAR A/L MANIAM | NT |
| 4 | B072 MUHAMMAD DANIAL ZAIDANI BIN | BP |
| 5 | P657 MOHD FAIZ RUSYAIIDI ABD MAJEED | PP |
| 6 | E425 MUHAMMAD ARIF B. AMIRUDDIN | KB |
| 7 | U374 WONG KAI WEN | BW |

SEPARUH AKHIR : 3

| LRG NO. | NAMA PESERTA | ZON |
|---------|----------------------------------|-----|
| 2 | S567 MOHD.SHAHAL B SHAFIE | MI |
| 3 | B078 ANG ZHEN LIN | BP |
| 4 | J154 CHANDHIRA JIEVAN RICHARD | JT |
| 5 | M295 LIM KHAI TI | BM |
| 6 | N509 MUHD SHAHMI B. MOHD SOHAIRI | NT |
| 7 | E436 MUHAMMAD ZULHILMI BIN FAZIL | KB |

ACARA: 235/421 800 METER(P1)
 REKOD MSSPP: 2:31.9s TARIKH: 13/04/11
 REKOD MSSM : 2:18.47s WAKTU : 1545

SEPARUH AKHIR : 1

| LRG NO. | NAMA PESERTA | ZON |
|---------|-----------------------------------|-----|
| 1 | M371 BEH PEI SAN | BM |
| 2 | N607 KALAIVANI MUTHU | NT |
| 3 | K284 GOH YEWEN | KW |
| 4 | A047 EILEEN YAP INN JOE | AI |
| 5 | P782 PREYMANE A/P BALASUBRAMANIAM | PP |
| 6 | U442 ANG CHOON TENG | BW |
| 7 | J206 SONIA CHANDRASEKHARAN | JT |

SEPARUH AKHIR : 2

| LRG NO. | NAMA PESERTA | ZON |
|---------|--------------------------------|-----|
| 2 | K293 LEE TZE MING | KW |
| 3 | B125 CHIN ER | BP |
| 4 | N620 KAARTHIGA A/P VEREYA | NT |
| 5 | A055 MICHELLE YEOH | AI |
| 6 | E527 KHAIRUNNISA BT MAT IZAHAM | KB |
| 7 | U450 +WONG YOK SHAN | BW |

SEPARUH AKHIR : 3

| LRG NO. | NAMA PESERTA | ZON |
|---------|------------------------------------|-----|
| 2 | E542 NUR ANIS FAZIRA BT ROZI | KB |
| 3 | M366 SHARMILA A/P SADAIYANDY@GOPAL | BM |
| 4 | J205 FARAH AIMUNI HANUM BT ANUAR | JT |
| 5 | S688 NORHIDAYAH BT SHAHBUDIN | MI |
| 6 | B132 MOOHESHWARY A/P CHANDRAN | BP |
| 7 | P770 VAISNEWEE A/P BANYSPARAN | PP |

SUSUNAN ACARA HARIAN

ACARA: 236 MEREJAM LEMBING (700g)(L1)

REKOD MSSPP: 48.80m TARIKH: 13/04/11
 REKOD MSSM : 61.49m WAKTU : 1600
 AKHIR

| BIL NO. | NAMA PESERTA | ZON |
|---------|--------------------------------|-----|
| 1 A023 | LEONG JIA YUAN | AI |
| 2 S676 | NEOH CHAI SIANG | MI |
| 3 M350 | TANG WENG PIAU | BM |
| 4 U402 | YEAP YEW PIN | BW |
| 5 K246 | MUHAMMAD FARIS B SUHAIMI | KW |
| 6 E501 | MUHD SYAKIR NASRUL B MD SALIM | KB |
| 7 E497 | MUHAMMAD RUZAINI B. ABD HANAN | KB |
| 8 J168 | LUM ZE QIN | JT |
| 9 A001 | HASBULLAH B MOHD NAJIB | AI |
| 10 J183 | TEOH TZEN YIH | JT |
| 11 K264 | BRENDON LIM | KW |
| 12 M349 | TEH HAN LUN | BM |
| 13 N593 | MUHD AZINIDDIN BIN ZAKARIA | NT |
| 14 P740 | MUHD NOR AIMAN B NOR ASLI | PP |
| 15 P730 | M. AMIRUL IKMAL B. M. HILMI | PP |
| 16 N567 | MUHAMAD FAIROS B.IDERIS | NT |
| 17 S677 | TEW JOO HENG | MI |
| 18 U411 | MUHAMMAD HADZRAIMI BIN M.YUSRI | BW |
| 19 B084 | LINGGESH A/L SHANMUGAM | BP |
| 20 B104 | MOHAMMAD IDHAM FARHAN B ADNAN | BP |

ACARA: 237 LOMPAT JAUH(P2)

REKOD MSSPP: 5.01m TARIKH: 13/04/11
 REKOD MSSM : 5.66m WAKTU : 1600
 AKHIR

| BIL NO. | NAMA PESERTA | ZON |
|---------|--------------------------------|-----|
| 1 A043 | SITI BALQIS BT ABD HAMID | AI |
| 2 K254 | JH HEH JIN | KW |
| 3 M325 | TEOH YEW WEI | BM |
| 4 B123 | SII AISHAH MOHD ALI | BP |
| 5 E476 | NOORUL DIYANA BT ZABIDI | KB |
| 6 E464 | NURIN AWATIF BINTI SOHIZAN | KB |
| 7 J190 | NURUL NOR SHAFIQAH BT MD SHAH | JT |
| 8 U407 | LEE JIA XI | BW |
| 9 J186 | YOUSHA NASYUHA BT YUSRI | JT |
| 10 K248 | NG ZHE NA | KW |
| 11 A046 | TAN HUA MING | AI |
| 12 P687 | LEE SIAO EN | PP |
| 13 P689 | NURUL AMIRAH BT MADRI SALEH | PP |
| 14 N545 | YEOH SOK HOU | NT |
| 15 N537 | MARIAM MARDALINA BT MOHD NIZAR | NT |
| 16 U393 | BIBIANA OOI SEE KEE | BW |
| 17 M337 | TAN YENNY | BM |
| 18 B108 | NUR FIKRIYAH BT ZAINOL | BP |

ACARA: 238/422 800 METER(L1)

REKOD MSSPP: 1:57.0s TARIKH: 13/04/11
 REKOD MSSM : 1:53.66s WAKTU : 1600
 SEPARUH AKHIR : 1

| LRG NO. | NAMA PESERTA | ZON |
|---------|--------------------------------|-----|
| 1 J193 | AHMAD AJWAD BIN AHMAD BADRUDDI | JT |
| 2 P725 | VAALMIKI A/L RAJENDRA P[RASATH | PP |
| 3 M346 | TAMILARASU A/L RAMAN | BM |
| 4 U424 | SASIVANDRAN A/L BALAMANY | BW |
| 5 A002 | MUHAMAD FAUZI | AI |
| 6 S663 | SKANDHAGIRI A/L KUNASAYKAREN | MI |
| 7 K244 | MOHAMMAD RAWI B KAMARZAMAN | KW |

SEPARUH AKHIR : 2

| LRG NO. | NAMA PESERTA | ZON |
|---------|------------------------------|-----|
| 1 U432 | MUHAMAD NAJMI B AHMAD | BW |
| 2 A011 | CALVIN KHOO MING YANG | AI |
| 3 E493 | MOHAMAD SHARAFI B. AZIZI | KB |
| 4 B095 | FAZUAN BIN PAZIL | BP |
| 5 N563 | MUHAMMAD ANAS B ASHARAF ALI | NT |
| 6 P742 | MUHAMMAD UMAR ALI WAQUIUDDIN | PP |
| 7 K259 | LEON TEH KOH BIN | KW |

SEPARUH AKHIR : 3

| LRG NO. | NAMA PESERTA | ZON |
|---------|--------------------------------|-----|
| 2 N569 | SHARVIN A/L SUNDRAM | NT |
| 3 M334 | DEKEESHGAAREN A/L SASIGARAN | BM |
| 4 B099 | KUSHAALZ A/L ARUNASALAM | BP |
| 5 J173 | HARIVEL A/L SURESH KUMAR | JT |
| 6 S657 | SELVADHURAI A/L THARMALINGAM | MI |
| 7 E502 | MUHD.EZAL MUSTAQIM BIN A.HALIM | KB |

ACARA: 239 800 METER (Pen. 5)

REKOD MSSPP: TARIKH: 13/04/11
 REKOD MSSM : WAKTU : 1615

| BIL NO. | NAMA PESERTA | ZON |
|-----------------------|--------------------------|-----|
| ACARA: 240 | 3000 METER (TERBUKA)(P0) | |
| REKOD MSSPP: 11:40.1s | TARIKH: 13/04/11 | |
| REKOD MSSM : 10:33.7s | WAKTU : 1630 | |
| AKHIR | | |

| BIL NO. | NAMA PESERTA | ZON |
|---------|--------------------------------|-----|
| 1 B121 | LOGESHWARY A/P CHANDRAN | BP |
| 2 U386 | SAW RUI WEN | BW |
| 3 M321 | MAH MENG YEE | BM |
| 4 K291 | LIM YI MIN | KW |
| 5 P771 | MAHALAKMI A/P KRISHNAMOORTHYDE | PP |
| 6 N544 | LOGES A/P VIKNESWARAN | NT |
| 7 M342 | M. SIVA RANJITHA | BM |
| 8 N607 | KALAIVANI MUTHU | NT |
| 9 S607 | NURNATASHA BT ROSLEE | MI |
| 10 B125 | CHIN ER | BP |
| 11 A052 | QURRATU ANIE BINTI RAZALI | AI |
| 12 S626 | JEYASREE A/P RAJENTHIRAN | MI |
| 13 A050 | MASHNI A/P NILAMANI | AI |
| 14 P782 | PREYMANE A/P BALASUBRAMANIAM | PP |
| 15 U442 | ANG CHOON TENG | BW |
| 16 K301 | EUNICE LIM EU NEE | KW |
| 17 J205 | FARAH AIMUNI HANUM BT ANUAR | JT |
| 18 J213 | CHEN EE VEN | JT |

ACARA: 241 5000 METER (TERBUKA)

REKOD MSSPP: 16:04.0s TARIKH: 13/04/11
 REKOD MSSM : 15:39.20 WAKTU : 1700
 AKHIR

| BIL NO. | NAMA PESERTA | ZON |
|---------|---------------------------------|-----|
| 1 M334 | DEKEESHGAAREN A/L SASIGARAN | BM |
| 2 A016 | KATHIRAVHUN A/L BASKARAN | AI |
| 3 E482 | MUHAMAD ZUHAIRI B. ZAMRI | KB |
| 4 J193 | AHMAD AJWAD BIN AHMAD BADRUDDI | JT |
| 5 B091 | TAN KOK PENG | BP |
| 6 S656 | DANASEHAR A/L RAMACHANDRAN | MI |
| 7 B078 | ANG ZHEN LIN | BP |
| 8 N516 | SRITARAN A/L ALAGAN | NT |
| 9 K260 | +GOURANITHYAA A/L KATHIARASAN | KW |
| 10 U413 | MUHAMMAD KHAIROUS AZRI B. ROSLI | BW |
| 11 N576 | GOPINATH A/L SARAVANAN | NT |
| 12 K254 | CH'NG JING YANG | KW |
| 13 J177 | CALVIN BOON CHANG YIK | JT |
| 14 E489 | MEGAT NORAZIM B MEGAT AHMAD | KB |
| 15 S646 | DINESH A/L JOSEPH | MI |
| 16 M329 | KEH JIA MING | BM |
| 17 U377 | TAN JIA WEI | BW |
| 18 P742 | MUHAMMAD UMAR ALI WAQUIUDDIN | PP |
| 19 P657 | MOHD FAIZ RUSYAYDI ABD MAJEED | PP |

ACARA: 301 LOMPAT TINGGI (1.00m)(P3)

REKOD MSSPP: 1.38m TARIKH: 14/04/11
 REKOD MSSM : 1.53m WAKTU : 0745
 AKHIR

| BIL NO. | NAMA PESERTA | ZON |
|---------|---------------------------------|-----|
| 1 P418 | NUR IZZATI BT. MD YUSOF | PP |
| 2 N371 | SHU LYN | NT |
| 3 J133 | CHOW YI XUAN | JT |
| 4 M204 | LEE SHI YU | BM |
| 5 E328 | NUR DELAILA BT MOHD AZHARI | KB |
| 6 J127 | GAN XIN JIE | JT |
| 7 U245 | AMANDA LOW YINGQIAN | BW |
| 8 N374 | LIM JING SHYAN | NT |
| 9 B063 | NUR ATRIESYA BT SABRI | BP |
| 10 P401 | NURUL HAZIQAH BT HARISS SAPILAH | PP |
| 11 K162 | SARA LIM SUE WERN | KW |
| 12 U249 | TAN VICKY | BW |
| 13 K172 | FONG ZHI YIN | KW |
| 14 A025 | NG JING LING | AI |
| 15 A024 | SAW XUE WEI | AI |
| 16 B075 | FARAH DIYANA BT AZMAN | BP |
| 17 M213 | YENG WEN NEE | BM |
| 18 E331 | NOR SUHAIDA BT FAUZEE | KB |

ACARA: 302 LOMPAT JAUH(P1)

REKOD MSSPP: 5.74m TARIKH: 14/04/11
 REKOD MSSM : 5.85m WAKTU : 0745
 AKHIR

| BIL NO. | NAMA PESERTA | ZON |
|---------|----------------------------|-----|
| 1 N619 | THINESWARY A/P MUNIANDY | NT |
| 2 P774 | MUDRIKAH 'IZZATI BT FADZIL | PP |
| 3 K288 | NUR FARAH SHAFIKA BT AHMAD | KW |
| 4 J201 | SIM WEN JUI | JT |
| 5 A047 | EILEEN YAP INN JOE | AI |
| 6 J203 | NITHIYAA A/P RAVICHANDRAN | JT |
| 7 U458 | LIM XIN YI | BW |
| 8 B124 | CLARE FOO SHU KUAN | BP |
| 9 S698 | NOORAINI BT AHMAD SABRI | MI |
| 10 M377 | TANG CHIAO PEI | BM |
| 11 N604 | TAN PEI NEE | NT |
| 12 E538 | AIMI NAZIHAH BT. KHAMIS | KB |
| 13 U444 | SITI AISHAH BT OMAR BAKI | BW |
| 14 K281 | MICHELLE FOO XIAO-LIN | KW |
| 15 P772 | SITI KHADIJAH BT MUSA | PP |
| 16 A046 | SIM VISUEEN | AI |

SUSUNAN ACARA HARIAN

17 B122 TANG LI RUI BP
 18 M374 MASNIZA BINTI ABD AZIZ BM
 19 E524 NURAIN BT ABDUL LATHEEF KB

ACARA: 303 MELEMPAR CAKERA (1.5kg)(L1)
 REKOD MSSPP: 36.18m TARIKH: 14/04/11
 REKOD MSSM : 48.52m WAKTU : 0745

AKHIR
 BIL NO. NAMA PESERTA ZON
 1 A021 +TAN JIN YAN AI
 2 P738 MUHAMMAD ADAM B OTHMAN PP
 3 K247 GEOFFREY HOW KAI XIANG KW
 4 U407 THARA A/L CHEM BW
 5 S675 BEH HUAT HUANG MI
 6 K246 MUHAMMAD FARIS B SUHAIMI KW
 7 E496 MUHD AIMAN B. SAAD KB
 8 P739 WAN MD HAFIZOL B WAN ISMAIL PP
 9 J180 CHEN ZI ZHUN JT
 10 N565 MUHD AIZUDDIN B. JAMEEL NT
 11 E505 MUHAMMAD AZIM B ISHAK KB
 12 N581 LIM SIN TIAN NT
 13 M349 TEH HAN LUN BM
 14 B102 SYIMIR ALIF BIN ABU BAKAR BP
 15 B083 M AIMAN B EZAN BP
 16 M326 TAN SEIN RUI BM
 17 A026 LOH SWEE ENG AI
 18 J182 OH G WEI JT
 19 U436 NUR ARIF B ROSDI BW
 20 S679 LEE WEI KHING MI

ACARA: 304 5000m BERJALAN KAKI(P1)
 REKOD MSSPP: 26:59.0s TARIKH: 14/04/11
 REKOD MSSM : 26:03.27 WAKTU : 0745

AKHIR
 BIL NO. NAMA PESERTA ZON
 1 K301 EUNICE LIM EU NEE KW
 2 B138 ADILAH FITRAH BT BASIR BP
 3 U443 YU DECHEN BW
 4 M378 LOH HUI JING BM
 5 A064 +REINUKAA A/P PUPATHY AI
 6 N608 JEGATISWARY MUNIANDY NT
 7 N623 THURGA A/P SUBRAMANIAM NT
 8 J218 CHEOI ANG PING JT
 9 M364 CHERYL RING CHIA YI BM
 10 J220 NUR ATIKAH BINTI SAZALI JT
 11 U460 TAN SHIN ER BW

ACARA: 305 5000m BERJALAN KAKI(L2)
 REKOD MSSPP: 26:25.8s TARIKH: 14/04/11
 REKOD MSSM : 24:09.55 WAKTU : 0815

AKHIR
 BIL NO. NAMA PESERTA ZON
 1 K221 LEE KOK SOON KW
 2 S591 MUHD.ARIFFUDIN BIN SHAHIDAN MI
 3 J159 KWOK CHOW KEONG JT
 4 B085 ABDUL MUHAIMIN BIN ABD HARIF BP
 5 B093 MUHAMMAD B ZAINAL ANUAR BP
 6 M304 HEMLATHAN A/L MARIMUTTU BM
 7 M285 NAVIND RAJ A/L ASHOKUMAR BM
 8 E433 MUHD FADZLY B. MOHAMAD KB
 9 K220 LOH DE EN KW
 10 U379 NG XIAN ZHU BW
 11 M297 KHAW JHY BOON BM
 12 J142 SIM EE JIAN JT
 13 S565 SHAMLEN A/L THINAKARAN MI
 14 N499 SASHIKUMAR BALAKRISHNAN NT
 15 N513 MUHD HANIFF B. DASTHAGIR NT
 16 U351 MILTON LAI JUN-TIEN BW

ACARA: 306/318 110m LARI BERPAGAR (Hep. 1)
 REKOD MSSPP: 3927mata TARIKH: 14/04/11
 REKOD MSSM : 4479mata WAKTU : 0845

LRG NO. NAMA PESERTA ZON
 1 J165 LIM TZY KAE JT
 2 J186 LOH KEAN MING JT
 3 U406 SAVINASH ADAM SINGH SENIE BW
 4 U427 TEH CHIN LOONG BW
 5 S669 MUHD.ZULHILMI BIN JAAFAR MI
 6 U428 CHEN ZHE YANG BW
 7 J167 TEH THENG GUAN JT
 8 J170 KEVIN KONG JUN WAI JT
 9 U409 MUHD AMMIRUL IZWAN B MAHADIR BW
 10 B102 SYIMIR ALIF BIN ABU BAKAR BP
 11 M340 OOI WEXIANG BM
 12 S665 AHMAD NURZHARIFF B AZIZ MI
 13 B084 MUHD IKMAL SYAFIK BIN RAZALI BP
 14 M341 M. AFIFI BIN ABD. WAHAB BM
 15 K266 KEVIN LEONG JU-WENG KW

ACARA: 307/104 110m LARI BERPAGAR (L1)
 REKOD MSSPP: 14.7s TARIKH: 14/04/11
 REKOD MSSM : 14.13s WAKTU : 0855

LRG NO. NAMA PESERTA ZON
 AKHIR
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ACARA: 308/105 110m LARI BERPAGAR (0.914m)(L2)
 REKOD MSSPP: 15.3s TARIKH: 14/04/11
 REKOD MSSM : 14.27s WAKTU : 0905

LRG NO. NAMA PESERTA ZON
 AKHIR
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ACARA: 309/107 100m LARI BERPAGAR (P1)
 REKOD MSSPP: 16.9s TARIKH: 14/04/11
 REKOD MSSM : 14.72s WAKTU : 0915

LRG NO. NAMA PESERTA ZON
 AKHIR
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ACARA: 310/108 100m LARI BERPAGAR(P2)
 REKOD MSSPP: 16.8s TARIKH: 14/04/11
 REKOD MSSM : 14.75s WAKTU : 0925

LRG NO. NAMA PESERTA ZON
 AKHIR
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ACARA: 311/109 80m LARI BERPAGAR (P3)
 REKOD MSSPP: 14.7s TARIKH: 14/04/11
 REKOD MSSM : 13.06s WAKTU : 0935

LRG NO. NAMA PESERTA ZON
 AKHIR
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ACARA: 312/110 80m LARI BERPAGAR (L3)
 REKOD MSSPP: 12.5s TARIKH: 14/04/11
 REKOD MSSM : 11.36s WAKTU : 0940

LRG NO. NAMA PESERTA ZON
 AKHIR
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SUSUNAN ACARA HARIAN

ACARA: 313/411 200 METER(P4)

REKOD MSSPP: 29.9s TARIKH: 14/04/11
 REKOD MSSM : WAKTU : 1000
 SEPARUH AKHIR : 1
 LRG NO. NAMA PESERTA ZON
 2 J124 NUR BALQISS BT RAZALI JT
 3 U241 LUEI ZI XUAN BW
 4 A022 LIM YUAN YING AI
 5 K166 MILLY YEOH JIA WEN KW
 6 N364 G.YOGESWARI NT
 7 M213 LEYDIAKUMAR RAI A/P SUDESHKUMA BM

SEPARUH AKHIR : 2
 LRG NO. NAMA PESERTA ZON
 2 P407 TAN ZI JING PP
 3 A033 PUJITASHRI A/P TAMBIMUTHU AI
 4 B067 NUR FATIHAH BT AZHAR BP
 5 U243 ONG JIE XIAN BW
 6 K168 ONG JIE XIN KW
 7 E323 NUR IZZATI BT. OSMAN KB

SEPARUH AKHIR : 3
 LRG NO. NAMA PESERTA ZON
 2 J123 KAMELYA HANANI BT ROZLEY JT
 3 M205 YEW ZHEN RU BM
 4 E324 NUR ATHIRAH BT.ELIAS KB
 5 P410 CHEW CHE HOOI PP
 6 B071 NUR SHAHADAH BT OMAR BP
 7 N361 NG HOOI YIN NT

ACARA: 314 LOMPAT KIJANG(L3)

REKOD MSSPP: 10.60m TARIKH: 14/04/11
 REKOD MSSM : WAKTU : 1000
 AKHIR
 BIL NO. NAMA PESERTA ZON
 1 A011 TEOH KHAI THEEN AI
 2 N344 TAN MING SHEN NT
 3 U228 LEE CHOON CHANG BW
 4 N351 LIAN KAH YANG NT
 5 K154 SHAZWAN SHAFIQ SHAH B. SALIM S KW
 6 E293 NAZRIL B NIZAM KB
 7 J115 LIEW KAI MING JT
 8 P388 LIM WEI SHIAN PP
 9 K153 MOHAMAD PUTRA ISKANDAR B. MOHD KW
 10 A010 LOO KHENG ERN AI
 11 B048 AHMAD MUNIR B MOHD MOHIDEEN BP
 12 U227 TANG WEI HAO BW
 13 B049 MUHD FAIKAL IZHAM B ABD RAHIM BP
 14 M188 LIM JUN YU BM
 15 M181 POON HONG TAT BM
 16 E283 LI YONG SIANG KB
 17 J113 MUHD AZIM FIKRI B FADZIL JT
 18 P382 YEOH KHAI JET PP

ACARA: 315/412 200 METER(L4)

REKOD MSSPP: 27.8s TARIKH: 14/04/11
 REKOD MSSM : WAKTU : 1010
 SEPARUH AKHIR : 1
 LRG NO. NAMA PESERTA ZON
 2 P387 MUHAMMAD AIMAN AFIQ PP
 3 M194 EMIR DANIEL BM
 4 U228 MOHAMMAD HAZIQ AL IMAN BW
 5 K142 KISHMEN KUMAAR A/L NANDA KUMAR KW
 6 A005 LIM CHEU KER AI
 7 J105 MOHD IZZAT HAFIDZ AHMAD NIZAM JT

SEPARUH AKHIR : 2
 LRG NO. NAMA PESERTA ZON
 2 B043 MOHD FAKHRUL B ABD AZIZ BP
 3 U231 MELVEN PAUDAUL OOI BW
 4 E287 KUMARAN A/L BADMANATHAN KB
 5 N347 L.RICHARD RAJ NT
 6 A007 CHAN JIAN JIE AI
 7 P390 SUHAIL B MUHAMMAD NASIR PP

SEPARUH AKHIR : 3
 LRG NO. NAMA PESERTA ZON
 2 B044 MUHD MUSTAQIM B MUHD NIZAM BP
 3 N351 MUNISWARAN A/L LETCHUMANAN NT
 4 J102 MUHAMMAD ZULHAZMI JT
 5 K141 NAVIENRAJ A/L KARTIGESU KW
 6 M191 KHOR YONG BM

ACARA: 316/413 200 METER(P3)

REKOD MSSPP: 27.4s TARIKH: 14/04/11
 REKOD MSSM : 27.47s WAKTU : 1020
 SEPARUH AKHIR : 1
 LRG NO. NAMA PESERTA ZON
 2 J129 ANDRENA SOON MING FERN JT
 3 A032 MAH JOE YEE AI

4 U244 CHEAH SHU QI BW
 5 K163 JASLYN HOOI YUE YANN KW
 6 M212 SIM KUI FANG BM
 7 N366 P.MALATHI NT

SEPARUH AKHIR : 2
 LRG NO. NAMA PESERTA ZON
 2 U253 LEE SHIN YIH BW
 3 E323 NURUL FAQIHHAH NAJIHA BT AZHAR KB
 4 B069 NUR IZZATY NABILAH BT AMIRIN BP
 5 P410 NUR SYAFAWANI MOHD SHUKUR PP
 6 K173 DANIELLE COMBRINK KW
 7 A038 CHOONG LEE CHING AI

SEPARUH AKHIR : 3
 LRG NO. NAMA PESERTA ZON
 2 P412 NUR FATIN NAJWA PP
 3 M211 PRIYA A/P GUNASEKARAN BM
 4 E324 XUE YING KB
 5 B071 ZUHAIIRA ASHIKIN BT ZULKEPLE BP
 6 J122 PUTERI ATIKAH BINTI ZULKIFLI JT
 7 N361 CHIN KE XIN NT

ACARA: 317/414 200 METER(L3)

REKOD MSSPP: 26.0s TARIKH: 14/04/11
 REKOD MSSM : 24.10s WAKTU : 1030
 SEPARUH AKHIR : 1
 LRG NO. NAMA PESERTA ZON
 2 A002 CHOO WEI CHUN AI
 3 M186 MOHD FARIS AMIRUN B PADAIL BM
 4 U224 MUHAMMAD FAUZAN MOHD NOR AZLI BW
 5 J116 LEE WEI GUANG JT
 6 N350 MUHAMMAD NOR HAFIZUDDIN B MAT NT
 7 K142 EUGENE YEW CHUN CHEE KW

SEPARUH AKHIR : 2
 LRG NO. NAMA PESERTA ZON
 2 A012 GOH ZHEN CHEAN AI
 3 U228 LEE CHOON CHANG BW
 4 K158 HUANG SHAO-YU KW
 5 B047 MUHAMMAD NURFAIS B JOHARI BP
 6 E290 MOHAMAD FIRDAUS B. SAAD KB
 7 P383 ISKANDAR DANISH B. ISMAIL PP

SEPARUH AKHIR : 3
 LRG NO. NAMA PESERTA ZON
 2 B056 FAZRUL NAZMI BIN KARIM BP
 3 P385 GOH ZHEN SHEN PP
 4 M185 GOH YONG KHANG BM
 5 E294 MUHD IHSAN B.SHAHBUDIN KB
 6 N345 TAN JIAN XUN NT
 7 J106 MAGESWARAN A/L KRISHNAN JT

ACARA: 318/327 LOMPAT TINGGI (Hep. 2)

REKOD MSSPP: 392mata TARIKH: 14/04/11
 REKOD MSSM : 4479mata WAKTU : 1030
 LRG NO. NAMA PESERTA ZON
 1 J165 LIM TZYY KAE JT
 2 J186 LOH KEAN MING JT
 3 U406 SAVINASH ADAM SINGH SENIE BW
 4 U427 TEH CHIN LOONG BW
 5 S669 MUHD.ZULHILMI BIN JAAFAR MI
 6 U428 CHEN ZHE YANG BW
 7 J167 TEH THENG GUAN JT
 8 J170 KEVIN KONG JUN WAI JT
 9 U409 MOHD AMMIRUL IZWAN B MAHADIR BW
 10 B102 SYIMIR ALIF BIN ABU BAKAR BP
 11 M340 OOI WEXIANG BM
 12 S665 AHMAD NURZHARIFF B AZIZ MI
 13 B084 MOHD IKMAL SYAFIK BIN RAZALI BP
 14 M341 M. AFIFI BIN ABD. WAHAB BM
 15 K266 KEVIN LEONG JU-WENG KW

ACARA: 319 MEREJAM LEMBING (600g)(L2)

REKOD MSSPP: 43.74m TARIKH: 14/04/11
 REKOD MSSM : 56.79m WAKTU : 1030
 AKHIR
 BIL NO. NAMA PESERTA ZON
 1 A015 OOI JUN KAI AI
 2 K225 TEOH TERN KHUAN KW
 3 M287 DARREN LIM SAY CHUANG BM
 4 B088 MOHAMAD ASHRAF B. SUKRI BP
 5 E447 MOHD SHAZMIL B MOHD SOBRI KB
 6 P646 MUHAMMAD AZWAN B AZMAN PP
 7 E445 MUHD AMIRUL IKMAL B SAIDIN KB
 8 J164 HOONG JIAN MING JT
 9 U361 NAZARUL AKMAL BIN ROZAIMI BW
 10 J150 CHEW ZHENG YANG JT
 11 K222 ONG CHIN NAN KW
 12 A021 LIM YEAN HOOI AI

SUSUNAN ACARA HARIAN

13 N505 MOHD FAIZ BIN SHAHROM NT
 14 P645 M. KHAIRUDDIN B ABD HALIM PP
 15 N506 HAFIF MARICAN BIN ROSLI NT
 16 S575 NG AIK KHUAN MI
 17 S595 MUHD.ALIF MUSTAQEM B ABD.RAHIM MI
 18 U352 LOH CHIN YANG BW
 19 M296 ABDUL LATIF BM
 20 B082 MUHD HAFIZH BIN ZULKIFLI BP

13 K254 JI HEE JIN KW
 14 P679 BATRISYIA IZZATI BT FADZIL PP
 15 A052 NUR HAYATI BT IBRAHIM AI
 16 B118 AFIQAH BT BAHADON BP
 17 M325 TEOH YEE WEI BM
 18 E464 NURIN AWATIF BINTI SOHIZAN KB

ACARA: 320/415 200 METER(P2)

REKOD MSSPP: 26.4s TARIKH: 14/04/11
 REKOD MSSM : 25.09s WAKTU : 1040

SEPARUH AKHIR : 1
 LRG NO. NAMA PESERTA ZON
 1 J194 GABRIELA NAH JUAN HUAN JT
 2 A039 CH'NG RU SHAN AI
 3 K250 ANG ZHI XUAN KW
 4 U392 JACQUELINE EOW JAE LING BW
 5 P667 SITI MUSLIHA BT M. ZAIDI PP
 6 M330 TAN HARN CHIAT BM
 7 S621 OOI CHENG MUN MI

SEPARUH AKHIR : 2

LRG NO. NAMA PESERTA ZON
 1 K253 AUDREY CHUA LING LING KW
 2 A053 JAYLEEN KHOR TZE YINN AI
 3 B114 NUR FARAH BT HASNA BP
 4 U399 ANG YI FANG BW
 5 E465 NUR ZAHIRAH BINTI ZAKERI KB
 6 N526 TAN CHIAT YEE NT
 7 P682 NOR SYAKIRA BT M ZOKI PP

SEPARUH AKHIR : 3

LRG NO. NAMA PESERTA ZON
 2 J190 NURUL NOR SHAFIQAH BT MD SHAH JT
 3 M317 LIM YI ZHIA BM
 4 E469 NURHIDAYAH BT HAMZAH KB
 5 N534 KOKILEVENI GUNASEGARAN NT
 6 B115 SITI ZULATKHA BT ZULKIFLI BP
 7 S618 KAVI ANJALI A/P RAJALINGAM MI

ACARA: 321/416 200 METER(L2)

REKOD MSSPP: 23.4s TARIKH: 14/04/11
 REKOD MSSM : 22.50s WAKTU : 1050

SEPARUH AKHIR : 1
 LRG NO. NAMA PESERTA ZON
 1 J169 MUHD NUR FARIS BIN ISMAIL JT
 2 K226 LOH YING LE KW
 3 U355 IDDEN SHAZWAN B AZMAN BW
 4 P637 RAMANAN A/L SHUNMUGAM PP
 5 M303 HENG JING QIN BM
 6 A003 MAHEN NAIDU AI
 7 S568 KHAIRUL ATTIRAFIDI B KAMRUDDIN MI

SEPARUH AKHIR : 2

LRG NO. NAMA PESERTA ZON
 1 P655 MUHAMMAD ALIFF ASHYRAF HAJAHMY PP
 2 E435 MUHAMMAD FARIEZ BIN AZIEZ KB
 3 A008 CHUAH DI KEN AI
 4 U369 KOK CHUAN A/L AIWAN BW
 5 K228 AIMAN HAKIM BIN MUHD ARIFF KW
 6 B074 MOHD ZAMRI B. ZAKARIA BP
 7 N491 CHAM CHEE YIN NT

SEPARUH AKHIR : 3

LRG NO. NAMA PESERTA ZON
 2 E440 MOHAMAD SHAHRUL FITRI BIN MAST KB
 3 S574 MOHD SHUKRI B ADNAN MI
 4 M283 KHOR SI BAO BM
 5 N498 MOHD ROZAIMI B. AHMAD NT
 6 J152 HEMABHUSHAN A/L MADHU JT
 7 B076 M SYAHIR ASYRAF B TAMAM BP

ACARA: 322 LOMPAT KIJANG(P2)

REKOD MSSPP: 10.62m TARIKH: 14/04/11
 REKOD MSSM : 12.20m WAKTU : 1100

AKHIR
 BIL NO. NAMA PESERTA ZON
 1 P677 NUR SYAFIQAH BT MD SAAD PP
 2 K255 YEAP PEI YEE KW
 3 J176 TAN HUI XIAN JT
 4 A055 NUR AMIRAH BT ZAHARI AI
 5 J197 GRACE TEH JT
 6 U401 H'NG LING YAN BW
 7 B120 ZAHIRA NATASYA BT ZAHARI BP
 8 N537 MARIAM MARDALINA BT MOHD NIZAR NT
 9 M335 LEE CHIA SHUO BM
 10 N545 YEOH SOK HOU NT
 11 E471 AISHAH UMAIRAH AWATIF AZAHARI KB
 12 U393 BIBIANA OOI SEE KEE BW

ACARA: 323/417 200 METER(P1)

REKOD MSSPP: 25.8s TARIKH: 14/04/11
 REKOD MSSM : 25.03s WAKTU : 1115

SEPARUH AKHIR : 1
 LRG NO. NAMA PESERTA ZON
 1 M368 RASHINIE A/P SASIGARAN BM
 2 K282 ANG KHAI XIN KW
 3 J212 LIM YEN JT
 4 A054 SHANTHINI DEVI A/P RAVICHANDRA AI
 5 P766 MARIDAYU BT CHE OMAR PP
 6 S697 NURHAYATI BT MUHAMMAD NIZAM MI
 7 U441 NURUL NADIA BT SAZALIAN BW

SEPARUH AKHIR : 2

LRG NO. NAMA PESERTA ZON
 1 A058 YASMIN HANANI BT ROZLEY AI
 2 K283 LIEW XIN YOONG KW
 3 E521 SHARMILA RETTY A/P MUNNEY KB
 4 P772 SITI KHADIJAH BT MUSA PP
 5 N601 KARTHIGA A/P SHANMUGAM NT
 6 B121 NUR ASYIKIN BT AZMAN BP
 7 U453 LOH WEI QI BW

SEPARUH AKHIR : 3

LRG NO. NAMA PESERTA ZON
 2 E531 NABILAH AIMAN BT AHMAD RADZI KB
 3 N621 KOMILA A/P NADARAJA NT
 4 S694 SITI NOR AMIRAH BT AZELAN MI
 5 M363 CHEN WEI YIN BM
 6 J208 TANALAKSIUMY A/P MAHENTHIRAN R JT
 7 B141 ILI FATIMAH BT ROSLIM BP

ACARA: 324/418 200 METER(L1)

REKOD MSSPP: 22.6s TARIKH: 14/04/11
 REKOD MSSM : 21.62s WAKTU : 1130

SEPARUH AKHIR : 1
 LRG NO. NAMA PESERTA ZON
 1 K242 LIM CHEE CHONG KW
 2 M352 NIK LUKMANUL HAKIM NIK YAHYA BM
 3 J195 +MOHD SHAHRUL AZWAN B. MAT ROZ JT
 4 U410 MUHAMMAD FARMEE BIN SAAD BW
 5 S668 MUHD.AFIQ BIN JAMIL MI
 6 A012 WAN ZHI XUAN AI
 7 P726 MUHD HAZIQ B YUSOFF PP

SEPARUH AKHIR : 2

LRG NO. NAMA PESERTA ZON
 1 P732 PREMKUMAR A/L VINAYAGAR KUMAR5 PP
 2 B082 MUHAMMAD FAREEZ BIN AZHAR BP
 3 A015 MOHD IQBAL FAHMI B. NORAZI AI
 4 E485 MOHD HAMIZAN B MOHD KHUZAIRI KB
 5 U423 MOHD NOR AZMI BIN MOHD HALIM BW
 6 N573 HEMARRUBEN A/L TAKCHINAMOORTHY NT
 7 K258 SYAMALAN A/L BALASUBRAMANIAM KW

SEPARUH AKHIR : 3

LRG NO. NAMA PESERTA ZON
 2 E487 TEOH CHENG YI KB
 3 J178 PEH YEAP KAI JT
 4 M322 MUHAMMAD KHAIRULAZRI MUHD KAMA BM
 5 S667 MUHD.DANIAL AKMAL BIN SAMSURI MI
 6 N574 +SASIKANTH A/L MARIAPPAN NT
 7 B087 KHOR PENG YI BP

ACARA: 325 LOMPAT TINGGI(L1)

REKOD MSSPP: 1.92m TARIKH: 14/04/11
 REKOD MSSM : 2.15m WAKTU : 1430

AKHIR
 BIL NO. NAMA PESERTA ZON
 1 B107 SYAHADAT BIN ROSLI BP
 2 M344 MOHD ADIB WAFIUDDIN B AZHAR BM
 3 E500 MUHAMMAD DANIAL BIN MUHSAIN KB
 4 P743 MOHD HUMAIDI B MOHD FUZI PP
 5 M325 AHMAD ZAKIE BIN AHMAD ZAMRI BM
 6 N590 TAN CHEE KHEONG NT
 7 K265 BORIS WINDARE HUTAGOOOL KW
 8 A017 MOHD DANIAL NAZREEN B. MUHAMMA AI
 9 P737 LEE YOONG LERK PP
 10 A009 LEE JIA WEI AI
 11 B085 SHARAVANAN A/L GANAKA SABAPATH BP
 12 J186 LOH KEAN MING JT
 13 E499 MOHD. NORHAFIZ BIN MOHD. NOT KB
 14 J191 OOI JIAN MING JT

SUSUNAN ACARA HARIAN

15 U437 GOH KAH WIN BW
 16 U423 MOHD NOR AZMI BIN MOHD HALIM BW
 17 N589 MOHAMAD ARIQ AMIR B. MOHD HAFIZ NT
 18 K250 MUHAMMAD FAIZAL B MUH JIHADI KW

ACARA: 326 LOMPAT KIJANG(L2)

REKOD MSSPP: 13.24m TARIKH: 14/04/11
 REKOD MSSM : 14.36m WAKTU : 1430

AKHIR
 BIL NO. NAMA PESERTA ZON
 1 B083 ABDUL AMIRUL AKMAL BIN ISMAIL BP
 2 P635 MOHD RIDZUAN B ABD SAMAD PP
 3 M290 ANG CHIN MENG BM
 4 E429 ABU ZAED B MOHD IDRUS KB
 5 P644 LUQMAN HAKIM B ZAHARI PP
 6 N517 ANG CHUN CHAI NT
 7 A023 LIM SWEE AUN AI
 8 S572 LEE SHANG YI MI
 9 K214 ALI IM RAN B NOR HASHIMI KW
 10 A008 CHUAH DI KEN AI
 11 N493 TAN LUNE SHENG NT
 12 M293 TAN CHEE HENG BM
 13 U375 NG EE SHENG BW
 14 J151 CALVIN LIM LAI HOCK JT
 15 J149 GOH CHIN SOON JT
 16 U371 NIK ASRAF BIN NIK ASMAWI BW
 17 B090 MOHD FARHAN B HASBULLAH BP
 18 K232 MUHD KHAIRIL HANIF B. YUSMIDAR KW
 19 E444 AHMAD NAJMI WARDIY B MOHD AZMI KB

ACARA: 327/343 MELONTAR PELURU (Hep. 3)

REKOD MSSPP: 3927mata TARIKH: 14/04/11
 REKOD MSSM : 4479mata WAKTU : 1430

LRG NO. NAMA PESERTA ZON
 1 J165 LIM TZY KAE JT
 2 J186 LOH KEAN MING JT
 3 U406 SAVINASH ADAM SINGH SENIE BW
 4 U427 TEH CHIN LOONG BW
 5 S669 MUHD.ZULHILMI BIN JAAFAR MI
 6 U428 CHEN ZHE YANG BW
 7 J167 TEH THENG GUAN JT
 8 J170 KEVIN KONG JUN WAI JT
 9 U409 MOHD AMMIRUL IZWAN B MAHADIR BW
 10 B102 SYIMIR ALIF BIN ABU BAKAR BP
 11 M340 OOI WEXIANG BM
 12 S665 AHMAD NURZHARIF B AZIZ MI
 13 B084 MOHD IKMAL SYAFIK BIN RAZALI BP
 14 M341 M. AFIFI BIN ABD. WAHAB BM
 15 K266 KEVIN LEONG JU-WENG KW

ACARA: 328/210 100 METER(P4)

REKOD MSSPP: 14.4s TARIKH: 14/04/11
 REKOD MSSM : WAKTU : 1430

LRG NO. NAMA PESERTA ZON
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ACARA: 329/211 100 METER(L4)

REKOD MSSPP: 13.5s TARIKH: 14/04/11
 REKOD MSSM : WAKTU : 1435

LRG NO. NAMA PESERTA ZON
 AKHIR
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ACARA: 330/213 100 METER(P3)

REKOD MSSPP: 13.0s TARIKH: 14/04/11
 REKOD MSSM : 13.15s WAKTU : 1440

LRG NO. NAMA PESERTA ZON
 AKHIR
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ACARA: 331/214 100 METER(L3)

REKOD MSSPP: 12.1s TARIKH: 14/04/11
 REKOD MSSM : 11.92s WAKTU : 1445

LRG NO. NAMA PESERTA ZON
 AKHIR
 1
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ACARA: 332/217 100 METER(P2)

REKOD MSSPP: 12.6s TARIKH: 14/04/11
 REKOD MSSM : 12.37s WAKTU : 1450

LRG NO. NAMA PESERTA ZON
 AKHIR
 1
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ACARA: 333/218 100 METER(L2)

REKOD MSSPP: 11.3s TARIKH: 14/04/11
 REKOD MSSM : 10.99s WAKTU : 1455

LRG NO. NAMA PESERTA ZON
 AKHIR
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ACARA: 334/220 100 METER(P1)

REKOD MSSPP: 12.2s TARIKH: 14/04/11
 REKOD MSSM : 12.07s WAKTU : 1500

LRG NO. NAMA PESERTA ZON
 AKHIR
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ACARA: 335/221 100 METER(L1)

REKOD MSSPP: 10.8s TARIKH: 14/04/11
 REKOD MSSM : 10.57s WAKTU : 1505

LRG NO. NAMA PESERTA ZON
 AKHIR
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ACARA: 336 LOMPAT KIJANG(P1)

REKOD MSSPP: 11.34m TARIKH: 14/04/11
 REKOD MSSM : 12.24m WAKTU : 1515

AKHIR
 BIL NO. NAMA PESERTA ZON
 1 E540 NURUL IZZATI BT RIDZUWAN KB
 2 M373 BEA JING SHI BM
 3 J214 NUR SYAHIRAH BT ABDUL MALIK JT
 4 N619 THINESWARY A/P MUNIANDY NT
 5 U458 LIM XIN YI BW
 6 P774 MUDRIKAH 'IZZATI BT FADZIL PP
 7 U447 AIN FARAHANI BT. AZMAN FAUZI BW
 8 B131 NURUL ATIKAH BT RAHMAD BP
 9 B142 FATEN NURSULIAYANA BT M. RAFAE BP
 10 J221 FAIZATUL FAZLEEN BT NOR AZHAR JT
 11 K298 NURFATIMAH BT ABDULLAH KW
 12 N616 TEOH ZY WEI NT
 13 S698 NOORAINI BT AHMAD SABRI MI

SUSUNAN ACARA HARIAN

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|----|------|---------------------------|----|---|
| 14 | K281 | MICHELLE FOO XIAO-LIN | KW | 2 |
| 15 | E541 | NOR FARAHANIS B ABD RAHIM | KB | 3 |
| 16 | M374 | MASNIZA BINTI ABD AZIZ | BM | 4 |
| 17 | P768 | WAN NUR SABRINA BT SANUSI | PP | 5 |
| 18 | A059 | NORLINA BT AHMAD ZAINAL | AI | 6 |
| 19 | A061 | NUR HAFIZAH BT IDRIS | AI | 7 |
| | | | | 8 |

ACARA: 337 MEREJAM LEMBING (600g)(P1)
 REKOD MSSPP: 37.58m TARIKH: 14/04/11
 REKOD MSSM : 41.82m WAKTU : 1515

AKHIR

| BIL NO. | NAMA PESERTA | ZON |
|---------|-------------------------------------|-----|
| 1 | J216 WAN POOI MUN | JT |
| 2 | E528 NUR ATHIRAH BT IDRUS | KB |
| 3 | B129 NURAZIMAH BINTI MOHD BASIR | BP |
| 4 | A051 TOH SHEAU HAN | AI |
| 5 | K295 TAN XIN YI | KW |
| 6 | A066 NURSAFIRAH FASYA | AI |
| 7 | P779 SITI NURSHAHIRAH BT MOHD JAMIL | PP |
| 8 | U445 SYAZWANI MOHD FOAD | BW |
| 9 | P777 NURUL ATIKAH BT MAT YUSOF | PP |
| 10 | N613 GOEY CHIEW SIEN | NT |
| 11 | U446 NUR ALIA FASIAH BT SAZALI | BW |
| 12 | M380 ONG YING YAN | BM |
| 13 | N615 NOOR SHAHLDA BT. MOHD SALLEH | NT |
| 14 | B128 NORASYIKIN BINTI ABDULLAH | BP |
| 15 | J222 NUR ASYIRAH BT MD ISA | JT |
| 16 | S701 CHEW YU EN | MI |
| 17 | E536 SARAH AMIRAH BT MOHD RUZAINI | KB |
| 18 | K290 LOH MAN SHANG | KW |
| 19 | M376 LEE WEI THONG | BM |

ACARA: 338 MELONTAR PELURU (2.72kg)(L4)
 REKOD MSSPP: 8.63m TARIKH: 14/04/11
 REKOD MSSM : WAKTU : 1515

AKHIR

| BIL NO. | NAMA PESERTA | ZON |
|---------|-------------------------------------|-----|
| 1 | E288 MUHD RAZIN NAIFF B. MOHD NOOR | KB |
| 2 | A006 CHEE GUANG LIM | AI |
| 3 | M193 GAI WAT-SHEN | BM |
| 4 | J109 CHING KAI FENG | JT |
| 5 | P389 EOH WENG SIANG | PP |
| 6 | J101 AZZALI ISMI ISHAK | JT |
| 7 | U235 AHMAD JALALUDDIN B. M. HUSSIN | BW |
| 8 | B049 NASRUL NAIM B NASRUL RAHMAT | BP |
| 9 | U227 LIM WEI CHONG | BW |
| 10 | E282 MOHAMMAD SUFI B. MOHD AMIR | KB |
| 11 | N345 TANG CHE ZHEN | NT |
| 12 | P388 LIM ZHER CHENG | PP |
| 13 | N349 DANIEL ALIAS RIDHA B MUHD NAJI | NT |
| 14 | K153 ONG JUN WEI | KW |
| 15 | K144 GOH JIA SHEN | KW |
| 16 | B047 MUHAMMAD SYAMIN B RAZALI | BP |
| 17 | A013 WONG XENG HAU | AI |
| 18 | M182 JEFFERY ANG | BM |

ACARA: 339/111 400 METER(P2)
 REKOD MSSPP: 61.8s TARIKH: 14/04/11
 REKOD MSSM : 56.66s WAKTU : 1520

AKHIR

| LRG NO. | NAMA PESERTA | ZON |
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ACARA: 340/112 400 METER(L2)
 REKOD MSSPP: 52.6s TARIKH: 14/04/11
 REKOD MSSM : 50.73s WAKTU : 1530

AKHIR

| LRG NO. | NAMA PESERTA | ZON |
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ACARA: 341/116 400 METER(P1)
 REKOD MSSPP: 60.9s TARIKH: 14/04/11
 REKOD MSSM : 57.18s WAKTU : 1540

AKHIR

| LRG NO. | NAMA PESERTA | ZON |
|---------|--------------|-----|
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ACARA: 342/117 400 METER(L1)
 REKOD MSSPP: 50.4s TARIKH: 14/04/11
 REKOD MSSM : 47.50s WAKTU : 1550

AKHIR

| LRG NO. | NAMA PESERTA | ZON |
|---------|--------------|-----|
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ACARA: 343/402 400 METER (Hep. 4)
 REKOD MSSPP: 3927mata TARIKH: 14/04/11
 REKOD MSSM : 4479mata WAKTU : 1600

AKHIR

| LRG NO. | NAMA PESERTA | ZON |
|---------|-----------------------------------|-----|
| 1 | J165 LIM TZYY KAE | JT |
| 2 | J186 LOH KEAN MING | JT |
| 3 | U406 SAVINASH ADAM SINGH SENIE | BW |
| 4 | U427 TEH CHIN LOONG | BW |
| 5 | S669 MUHD.ZULHILMI BIN JAAFAR | MI |
| 6 | U428 CHEN ZHE YANG | BW |
| 7 | J167 TEH THENG GUAN | JT |
| 8 | J170 KEVIN KONG JUN WAI | JT |
| 9 | U409 MOHD AMMIRUL IZWAN B MAHADIR | BW |
| 10 | B102 SYIMIR ALIF BIN ABU BAKAR | BP |
| 11 | M340 OOI WEXIANG | BM |
| 12 | S665 AHMAD NURZHARIFF B AZIZ | MI |
| 13 | B084 MOHD IKMAL SYAFIK BIN RAZALI | BP |
| 14 | M341 M. AFIFI BIN ABD. WAHAB | BM |
| 15 | K266 KEVIN LEONG JU-WENG | KW |

ACARA: 344 2000m LARI BERHALANGAN(L2)
 REKOD MSSPP: 7:06.8s TARIKH: 14/04/11
 REKOD MSSM : 6:35.80s WAKTU : 1615

AKHIR

| BIL NO. | NAMA PESERTA | ZON |
|---------|-------------------------------------|-----|
| 1 | J148 TNEH J'NG | JT |
| 2 | B089 MUHAMMAD FAIZ FIKRIE B JAMREE | BP |
| 3 | S565 SHAMLEN A/L THINAKARAN | MI |
| 4 | M289 WONG ENZO | BM |
| 5 | N501 RUBESHWARAN A/L ASUTTAMAN | NT |
| 6 | M282 OOI WEN CHING | BM |
| 7 | A010 LIM WEE SHENG | AI |
| 8 | M281 CHOO CHUN TAT | BM |
| 9 | J145 LOO WEI ZHONG | JT |
| 10 | J167 MUHD HAZIQ BIN HASSAN | JT |
| 11 | K224 RAVYN S/O REGHURAM.P | KW |
| 12 | J168 MOHAMED YUNUS BIN MOHAMED NOOR | JT |
| 13 | J158 YAU TAI WEI | JT |
| 14 | J157 TAN JIT LIANG | JT |
| 15 | A001 MUHAMAD HAZIM BIN FEROUZ | AI |
| 16 | N502 MITHIREN A/L MOHGAN | NT |
| 17 | S564 THINESHKUMAR A/L SUBRAMANIAM | MI |

ACARA: 345 3000m LARI BERHALANGAN(L1)
 REKOD MSSPP: 09:43.7s TARIKH: 14/04/11
 REKOD MSSM : 09:23.77 WAKTU : 1645

AKHIR

| BIL NO. | NAMA PESERTA | ZON |
|---------|-------------------------------------|-----|
| 1 | E492 MUHD SHOBIR B. ABDUL LATIF | KB |
| 2 | K252 LIM WYE TSE | KW |
| 3 | J177 CALVIN BOON CHANG YIK | JT |
| 4 | B105 SOO KUAN MING | BP |
| 5 | S646 DINESH A/L JOSEPH | MI |
| 6 | A003 KANABATHY A/L MUNIANDY | AI |
| 7 | U404 YEOH KAH CHUN | BW |
| 8 | B103 MOHD HARISS AFIERUL BIN ISMAIL | BP |
| 9 | M337 SIMON PETER CORNELIUS | BM |
| 10 | J196 FAIZUL HADI BIN ABDUL JABAK | JT |
| 11 | M329 KEH JIA MING | BM |
| 12 | N577 CHASTER RAJ A/L DAVID RAJAH | NT |
| 13 | J197 AHMAD TARMIDZI B. MOHD JAMAL | JT |
| 14 | J162 KHOR JENQ YANG | JT |
| 15 | M343 MUHAMAD AIZIE BIN MUSTAFA | BM |
| 16 | N588 NAAGULAN A/L RODUDASAN | NT |
| 17 | J163 TAN YI JUN | JT |
| 18 | E495 MUHD AZHAR B. PIEE | KB |
| 19 | A002 MUHAMAD FAUZI | AI |
| 20 | N575 VINODKUMAR A/L RENGANATHAN | NT |

SUSUNAN ACARA HARIAN

15 N347 SIVARAJA A/L JAYA KRISHNAN NT
 16 E285 HASVINDRAN A/L SRIGARAN KB
 17 K141 DAREN KOAY GIM KAI KW
 18 M189 LIM CHIA KIANG BM

ACARA: 412/315 200 METER(L4)
 REKOD MSSPP: 27.8s TARIKH: 15/04/11
 REKOD MSSM : WAKTU : 1005
 LRG NO. NAMA PESERTA ZON
 AKHIR

ACARA: 408 LOMPAT JAUH(L2)
 REKOD MSSPP: 6.56m TARIKH: 15/04/11
 REKOD MSSM : 6.73m WAKTU : 1000
 AKHIR

BIL NO. NAMA PESERTA ZON
 1 E439 MUHD.LUKMAN B. ABDUL JAAFAR KB
 2 K213 MOHAMMAD FAIZAL IZA'AQ B ZAINA KW
 3 U378 MUHAMAD AFIQ B SHAFIE BW
 4 M283 KHOR SI BAO BM
 5 N491 CHAM CHEE YIN NT
 6 M288 TAN KANG SHENG BM
 7 A018 CHOR JUN HORNG AI
 8 J147 CHUAH CHEE LONG JT
 9 P644 LUQMAN HAKIM B ZAHARI PP
 10 J160 CHAN RUEN TERNG JT
 11 B090 MOHD FARHAN B HASBULLAH BP
 12 A012 TAN SI HONG AI
 13 P652 MUHAMMAD SULHI B JAMALUDDIN PP
 14 U354 MUHAMMAD IKMAL SAFUAN B MOHAMA BW
 15 E441 MUHAMMAD DANIAL ALEEF B HAMSAN KB
 16 N498 MOHD ROZAIMI B. AHMAD NT
 17 K223 CHUAH SIONG YONG KW
 18 S572 LEE SHANG YI MI
 19 B071 MEGAT MUHD FARHAN BIN MEGAT MA BP

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ACARA: 413/316 200 METER(P3)
 REKOD MSSPP: 27.4s TARIKH: 15/04/11
 REKOD MSSM : 27.47s WAKTU : 1010
 LRG NO. NAMA PESERTA ZON
 AKHIR

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ACARA: 409/427 MEREJAM LEMBING (Hep. 6)
 REKOD MSSPP: 3927mata TARIKH: 15/04/11
 REKOD MSSM : 4479mata WAKTU : 1000
 LRG NO. NAMA PESERTA ZON

1 J165 LIM TZY KAE JT
 2 J186 LOH KEAN MING JT
 3 U406 SAVINASH ADAM SINGH SENIE BW
 4 U427 TEH CHIN LOONG BW
 5 S669 MUHD.ZULHILMI BIN JAAFAR MI
 6 U428 CHEN ZHE YANG BW
 7 J167 TEH THENG GUAN JT
 8 J170 KEVIN KONG JUN WAI JT
 9 U409 MOHD AMMIRUL IZWAN B MAHADIR BW
 10 B102 SYMIR ALIF BIN ABU BAKAR BP
 11 M340 OOI WEXIANG BM
 12 S665 AHMAD NURZHARIF B AZIZ MI
 13 B084 MOHD IKMAL SYAFIK BIN RAZALI BP
 14 M341 M. AFIFI BIN ABD. WAHAB BM
 15 K266 KEVIN LEONG JU-WENG KW

ACARA: 414/317 200 METER(L3)
 REKOD MSSPP: 26.0s TARIKH: 15/04/11
 REKOD MSSM : 24.10s WAKTU : 1015
 LRG NO. NAMA PESERTA ZON
 AKHIR

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ACARA: 415/320 200 METER(P2)
 REKOD MSSPP: 26.4s TARIKH: 15/04/11
 REKOD MSSM : 25.09s WAKTU : 1020
 LRG NO. NAMA PESERTA ZON
 AKHIR

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ACARA: 410 MELONTAR PELURU (2.72kg)(L3)
 REKOD MSSPP: 12.43m TARIKH: 15/04/11
 REKOD MSSM : 14.70m WAKTU : 1000
 AKHIR

BIL NO. NAMA PESERTA ZON
 1 B050 KHEOH SEONG ZHEN BP
 2 P398 MUHAMMAD IRFAN BIN KHAIRUDDIN PP
 3 U231 MOHAMAD KHAIRUL ALIFF B. ROSLI BW
 4 A018 CH'NG CHIN MIN AI
 5 J117 THAM CHEE YEONG JT
 6 N356 VIKNESH A/L B. MOHAN NT
 7 N346 TAN ZI XUN NT
 8 M183 LAW KAH YEW BM
 9 K147 KOK JING MING KW
 10 E286 SEHNATHIBATHY A/L BOJAMANNAN KB
 11 M196 CHING SHIENG BM
 12 K144 TOH JIN HUNG KW
 13 A008 KHOR BENG TATT AI
 14 P392 MOHD REZA FITRI B OTHMAN PP
 15 B054 FONG WAI YONG BP
 16 E282 MUHD FARIS AIMAN BIN ZAIMI KB
 17 U234 MOHD RIDHWAN B. NASRI BW
 18 J114 MOHD HILMI B MOHD HANIFFA JT

ACARA: 416/321 200 METER(L2)
 REKOD MSSPP: 23.4s TARIKH: 15/04/11
 REKOD MSSM : 22.50s WAKTU : 1025
 LRG NO. NAMA PESERTA ZON
 AKHIR

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ACARA: 417/323 200 METER(P1)
 REKOD MSSPP: 25.8s TARIKH: 15/04/11
 REKOD MSSM : 25.03s WAKTU : 1030
 LRG NO. NAMA PESERTA ZON
 AKHIR

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ACARA: 411/313 200 METER(P4)
 REKOD MSSPP: 29.9s TARIKH: 15/04/11
 REKOD MSSM : WAKTU : 1000
 LRG NO. NAMA PESERTA ZON
 AKHIR

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SUSUNAN ACARA HARIAN

ACARA: 418/324 200 METER(L1)

REKOD MSSPP: 22.6s
 REKOD MSSM : 21.62s
 LRG NO. NAMA PESERTA ZON
 AKHIR
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ACARA: 419/233 800 METER(P2)

REKOD MSSPP: 2:32.4s
 REKOD MSSM : 2:20.45s
 LRG NO. NAMA PESERTA ZON
 AKHIR
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ACARA: 420/234 800 METER(L2)

REKOD MSSPP: 2:10.7s
 REKOD MSSM : 2:00.68s
 LRG NO. NAMA PESERTA ZON
 AKHIR
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ACARA: 421/235 800 METER(P1)

REKOD MSSPP: 2:31.9s
 REKOD MSSM : 2:18.47s
 LRG NO. NAMA PESERTA ZON
 AKHIR
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ACARA: 422/238 800 METER(L1)

REKOD MSSPP: 1:57.0s
 REKOD MSSM : 1:53.66s
 LRG NO. NAMA PESERTA ZON
 AKHIR
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ACARA: 423 LOMPAT TINGGI(L3)

REKOD MSSPP: 1.56m
 REKOD MSSM : 1.75m
 LRG NO. NAMA PESERTA ZON
 AKHIR
 BIL NO. NAMA PESERTA ZON
 1 M198 MUHAMAD NIZAR B ZANUSI BM
 2 P397 MUHD. FARIHIN B. FARIZUL ARIF PP
 3 A022 MUHAMMAD SYAHMI AI
 4 J108 ARASH AZHAR B NOR IZAHAM JT
 5 P400 ILHAMY ISYRAQ B AHMAD FADZIL PP
 6 N353 MUHAMMAD IZZUL HAZIQ ARIFFIN NT
 7 A007 KELVIN WOO ENG SIANG AI
 8 K155 NG YUAN SHEN KW
 9 E291 MUHAMMAD AZRYEN B ABU BAKAR KB
 10 N352 MUHAMMAD ZARIF B RAHMAN NT
 11 M193 SIM JING JIE BM
 12 U225 JAYSON LEE SHU WEN BW
 13 J101 LEW CHAN WEY JT
 14 U235 SIKH ILHAM NAJMI B. AZMAN BW
 15 B055 MUHD.DANIAL B. MOHD.WARIZULLAH BP

16 B043 MUHAMMAD FIRDHAUS B MD ISA BP
 17 K144 TOH JIN HUNG KW
 18 E281 MUHAMAD FITRI BIN MAD RADHI KB

ACARA: 424 LOMPAT JAUH (3.00m)(L4)

REKOD MSSPP: 4.41m
 REKOD MSSM :
 LRG NO. NAMA PESERTA ZON
 AKHIR
 BIL NO. NAMA PESERTA ZON
 1 P381 MUHD DANIAL B MOHD JAMIL PP
 2 K151 MOHAMAD IKMAL BIN ISHAMUDIN KW
 3 J108 HAZIQ AMANI B AHMAD TAJUDDIN JT
 4 A004 THONG JOO SIONG AI
 5 J110 LEE JIA CHENG JT
 6 U234 MOHD AFIF B. MOHD ZAKI BW
 7 B051 NORMAZWAN BIN ZULKIPLI BP
 8 N348 MUHAMMAD LUQMAN B RAMLAN NT
 9 M190 ANG WEI HAN BM
 10 N350 MOHAMAD SYAFIE MOHAMAD SANUSI NT
 11 E288 MUHD RAZIN NAIF B. MOHD NOOR KB
 12 U232 MUHAMAD AFIQ FARHAN B.RADZI BW
 13 K145 MUHAMMAD ZULHILMI B. ASRULSANY KW
 14 P384 TENG WEI CHEW PP
 15 A002 PHUAH TZE YUAN AI
 16 B050 KELVIN KUAH ZHE AN BP
 17 M181 TEH YU MENG BM
 18 E281 MUHAMMAD FITRI B. FAUZI KB

ACARA: 425 MELONTAR PELURU (4.0kg)(P2)

REKOD MSSPP: 10.02m
 REKOD MSSM : 11.22m
 LRG NO. NAMA PESERTA ZON
 AKHIR
 BIL NO. NAMA PESERTA ZON
 1 E477 NUR SHAZWANI BT JAAFAR KB
 2 A038 WAN NAZEEFAH BT HAJA NAJMUDEEN AI
 3 M324 NURUL IZZATTIE BT ZAMZURI BM
 4 J185 LIM LI SHA JT
 5 N539 NURSHUHADA ATIKAH BT ABDUL SAM NT
 6 J179 JASMINE TOH KAR YING JT
 7 P678 SITI AMIRAH BT ABU HASSAN PP
 8 U408 SAWLIPHON A/P SAW HIN BW
 9 B122 FATIN NUR SYAFIQAH BT YUNUS BP
 10 U395 TANG HUI JIE BW
 11 E460 TEH PEI PEI KB
 12 S627 KONG SHU YI MI
 13 N538 SITI NUR NAJIHAH RUSNAN NT
 14 S629 PAVITHRAA DEVI A/P JAYAINDRAAN MI
 15 K249 LEE JHING HUEY KW
 16 K247 FLORENCE LOH YI XUAN KW
 17 B110 NUR HANIS BT AZMI BP
 18 P669 TAN WEI SHAN PP
 19 A047 LIM YEE WOEN AI
 20 M320 WENDY LEE WEN NI BM

ACARA: 426 MELEMPAR CAKERA (1.0kg)(L2)

REKOD MSSPP: 37.79m
 REKOD MSSM : 49.00m
 LRG NO. NAMA PESERTA ZON
 AKHIR
 BIL NO. NAMA PESERTA ZON
 1 N514 MUHAMMAD FIKRI B. MAZLAN NT
 2 K215 WAN MUHD HAFIZUNIF B W ROSLAN KW
 3 B082 MUHD HAFIZH BIN ZULKIFLI BP
 4 K218 ZUL DANIALRULLAH B PAWANECHEK KW
 5 E432 MUHAMAD AMIRUL AMIN B. AZHAR KB
 6 J164 HOONG JIAN MING JT
 7 P643 SATHYASEELAN A/L GANESAN PP
 8 U361 NAZARUL AKMAL BIN ROZAIMI BW
 9 P651 MUHD IZZUN AKMAL B NORDIN PP
 10 S571 ISMAIL BIN ROSLI MI
 11 E431 MUHD ZULKIFLI B. NOR ROKHIZAN KB
 12 N505 MUHD FAIZ BIN SHAHROM NT
 13 M296 ABDUL LATIF BM
 14 B075 MUHAMMAD NAZRIN B AZLIMI BP
 15 M305 MUHD. HAZMI ABD. SAMAT BM
 16 A020 KOAY WHEY PING AI
 17 A019 TAN KEAN BOON AI
 18 J163 DANIEL CHOO ZHI HUNG JT
 19 U352 LOH CHIN YANG BW
 20 S575 NG AIK KHUAN MI

SUSUNAN ACARA HARIAN

ACARA: 427 1500 METER (Hep. 7)

REKOD MSSPP: 3927mata TARIKH: 15/04/11
 REKOD MSSM : 4479mata WAKTU : 1530
 LRG NO. NAMA PESERTA ZON
 1 J165 LIM TZYY KAE JT
 2 J186 LOH KEAN MING JT
 3 U406 SAVINASH ADAM SINGH SENIE BW
 4 U427 TEH CHIN LOONG BW
 5 S669 MUHD.ZULHILMI BIN JAAFAR MI
 6 U428 CHEN ZHE YANG BW
 7 J167 TEH THENG GUAN JT
 8 J170 KEVIN KONG JUN WAI JT
 9 U409 MOHD AMMIRUL IZWAN B MAHADIR BW
 10 B102 SYIMIR ALIF BIN ABU BAKAR BP
 11 M340 OOI WEXIANG BM
 12 S665 AHMAD NURZHARIFF B AZIZ MI
 13 B084 MOHD IKMAL SYAFIK BIN RAZALI BP
 14 M341 M. AFIFI BIN ABD. WAHAB BM
 15 K266 KEVIN LEONG JU-WENG KW

ACARA: 433/209 4 X 400 METER(L1)

REKOD MSSPP: 3:32.2s TARIKH: 15/04/11
 REKOD MSSM : 3:18.89s WAKTU : 1635
 LRG NO. NAMA PESERTA ZON
 AKHIR
 1
 2
 3
 4
 5
 6
 7
 8

ACARA: 428/204 4 X 200 METER(P3)

REKOD MSSPP: 1:59.3s TARIKH: 15/04/11
 REKOD MSSM : 1:52.19s WAKTU : 1545
 LRG NO. NAMA PESERTA ZON
 AKHIR
 1
 2
 3
 4
 5
 6
 7
 8

ACARA: 429/205 4 X 200 METER(L3)

REKOD MSSPP: 1:50.1s TARIKH: 15/04/11
 REKOD MSSM : 1:10.77s WAKTU : 1555
 LRG NO. NAMA PESERTA ZON
 AKHIR
 1
 2
 3
 4
 5
 6
 7
 8

ACARA: 430/206 4 X 400 METER(P2)

REKOD MSSPP: 4:26.8s TARIKH: 15/04/11
 REKOD MSSM : 4:08.07s WAKTU : 1605
 LRG NO. NAMA PESERTA ZON
 AKHIR
 1
 2
 3
 4
 5
 6
 7
 8

ACARA: 431/207 4 X 400 METER(L2)

REKOD MSSPP: 3:44.4s TARIKH: 15/04/11
 REKOD MSSM : 3:29.50s WAKTU : 1615
 LRG NO. NAMA PESERTA ZON
 AKHIR
 1
 2
 3
 4
 5
 6
 7
 8

ACARA: 432/208 4 X 400 METER(P1)

REKOD MSSPP: 4:28.7s TARIKH: 15/04/11
 REKOD MSSM : 4:00.81s WAKTU : 1625
 LRG NO. NAMA PESERTA ZON
 AKHIR
 1
 2
 3
 4
 5
 6
 7
 8